

FEBRUARY 2018 OUTLOOK

Unity Hill United Church of Christ “Where God’s Love Grows a Family”

364 White Plains Road, Trumbull, CT 06611

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Phone: 203-374-8822 Fax: 203-374-1120

The Reverend M. Todd Shipley, Pastor

Lucille Baver, Moderator

Diane Henderson, Vice-Moderator

Dawn Brezina, Financial Secretary

David Brezina, Church Clerk

Shari Herman, Bookkeeper

Dorothy W. Pickens, Soloist

Joanne Wickson, Office Administrator

Louise Evans, R.N., Parish Nurse

Calap Brown, Sexton

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Office Hours: Monday – Friday 9:00 a.m. – 3:00 p.m.  
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OUTLOOK DEADLINE ~ We welcome contributions to our monthly newsletter and invite you to share information, or even something more creative! The **MARCH 2018 Outlook** will be published at the end of **FEBRUARY**. All submissions, special announcements, articles or events **provided on, or before, the DEADLINE of Wednesday, FEBRUARY 14** will be included.

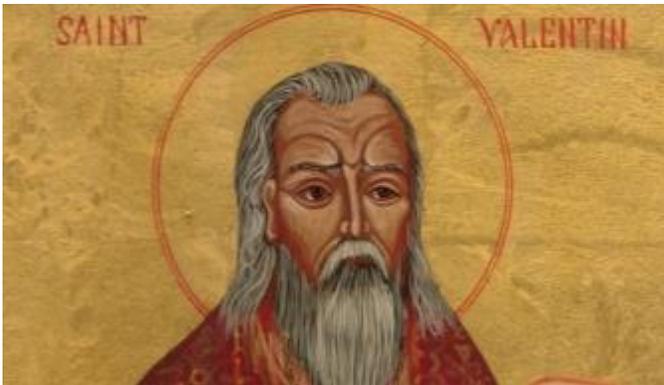


Please remember our homebound in your prayers or with a note:

Hazel Berger, Dolores Colaiacono, Gail Gorlo,
Katie Schneider, Mitch Wein and Nellie Wirth.

PASTORAL CARE ~ If you, or someone you know, is hospitalized, please call the church office to let us know (203-374-8822). Hospitals **do not** notify us when a parishioner is hospitalized.





Here we see an icon of the namesake of our annual holiday celebrating Love, St. Valentine's Day. St. Valentine was a priest that lived in the 3rd century during the reign of the Roman Emperor Claudius. Two things made it hard for Father Valentine to do the work of the church in the way he desired. One was that Christianity was very unpopular in the eyes

of the Roman authorities and the second was that Claudius was not a big fan of marriage of any kind, let alone Christian marriage. You see marriage was not good for young men, especially soldiers, because it made them second guess the wisdom of going off to fight wars for the glory of Rome. Emperor Claudius would have been okay with soldiers simply having dalliances with a few different people and saving their passion for the bloodthirsty conquest of the known world, and all the plundering that went with that endeavor.

But as Christians are apt to do, especially Jesus himself, Father Valentine flouted current law and performed Christian marriages in spite of Claudius because he saw the union of ONE man with ONE woman as scripturally endorsed, supported by Jesus' teachings, and the will of God. For his loyalty to the Gospel, Claudius had Valentine beaten, stoned, and decapitated. OUCH! I know this is not a pleasant story, especially the ending. It DOES highlight, however, the history of sacrifices people have had to make in order to follow Christ in the manner by which they felt called.

As we approach LENT, which is a season of sacrifice and reflection, I invite you to sacrifice, at the very least, a way of thinking that has you stuck. Have you convinced yourself of something that is not at all supported by the Gospel of Jesus Christ? Are you convinced that even God cannot save the modern church? Are you convinced that the rhetoric espoused by political parties or humanist thinking have more power to affect change than the teachings of Jesus?

There are many ways to challenge your current ways of thinking in a healthy way ... but one is to come to our Bible brunch this Lent and investigate the profound and paradoxical statements found in the Beatitudes. Join me every Sunday in Lent at 11:45 as we find out why the poor are blessed and will inherit the earth!

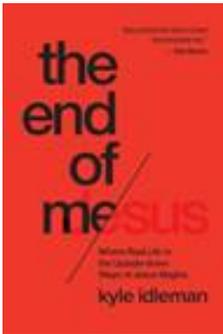
Yours,
Pastor Todd

CHURCH UPDATES

ASH WEDNESDAY SERVICE

Wednesday, February 14 ~ 7-8 pm at Unity Hill UCC.

Members of Trumbull Congregational Church are invited to join us.



BIBLE BRUNCH ~ Sundays, February 18-March 25

Every Sunday in Lent we will be holding a Bible Study focused on the Beatitudes in Matthew and the book "The End of Me" by Kyle Idleman.

We will start at 11:45 and go for about an hour to 45 minutes.

Brunch, child care and journal will be provided. Please RSVP with Joanne in our office to reserve a copy of the journal....and tell your friends!

MARDI GRAS CHILI COOK OFF

Saturday, February 10 - 3-5 pm.

Come out for **free Samples of chili** and some good Zydeco music.

Everyone attending will have a chance to vote for the best chili.

Winner of the vote receives a special surprise!

If you are interested in entering chili, please call Joanne in the office for the rules and regulations.



DEEPEST SYMPATHY to the family of **Robert Cosgrove Tanner**, 89, of Newtown departed peacefully in his sleep at his home on Friday January 12, 2018. Bob and his wife, Janet, were long-time members of the Fellowship of Unity Hill. Survivors include his wife of 66 years, Janet (Demovick) Tanner; **his sister Eleanor Csire of Georgia; his brother Henry Parker of Stratford;** his brother-in-law, James Demovick; his children, grandchildren and great grandchildren. In lieu of flowers, the family requests that donations to be made in Robert's memory to St. Jude Children Research Hospital, 262 Danny Thomas Place, Memphis, TN 38105.



IN CASE OF BAD WEATHER ~ Listen on the Radio to WICC (600 AM) or WEBE-108 (107.9 FM) or watch WTNH-TV Ch. 8 for church cancellation notices or go to www.ctweather.com to sign up to be notified instantly of any cancellations or delays. If Trumbull schools are closed or dismissed early, our office will be closed also. Any questions, call our office - 203-374-8822.

GEORGE'S HILL



Thursday, February 8 from 11:30 am until 1 pm, *including lunch.*

George's Hill is a social engagement group for persons with memory problems or early dementia, and their caregivers, where they can meet with other people with similar problems, for a fun program and lunch, which is provided. To register, please call the church office at 203-374-8822 or sign up on our web site. We meet on the second Thursday of every month. Our motto is: **YOU ARE NOT ALONE!**

CHURCH COUNCIL ~ By: Moderator, Lucille Bayer

CHURCH COUNCIL MEETING ~ Monday, February 12 at 7:00 pm.

COMMITTEE REPORTS TO COUNCIL are due in the office by Monday, February 5.

DIACONATE ~ By: Patricia Bowman, Chair

Diaconate will be meeting on Tuesday, February 6 at 1:00 p.m.

MISSIONS ~ By: Brenda Finizio, Chair

*Whoever oppresses a poor man insults his Maker,
but he who is generous to the needy honors him. ~ Proverbs 14:31*

ONE GREAT HOUR OF SHARING – our next UCC Mission collection. **How can one person change the world?** Sponsor a child. Serve a meal. Donate. Plant a tree. Rebuild a home. Pray. Teach. Visit a prisoner. Be a mentor. Bring water to the desert. . . . the opportunities are endless. They're all right here. What part of our world is waiting for you to make a difference?

Additional Recent Mission Givings - United Way, Thomas Fire Relief Fund - \$130; The Village Initiative Project Inc. - \$125; Educational Funds for needy - \$500.

Veterans of the Cross ~ Christmas Fund - We collected \$250 and allocated an additional \$150 for Veterans of the Cross Fund for a total giving of \$400.

Christmas Card from Unity Hill UCC Members – We provided funding for blankets by sending \$210 to Church World Service. Thank you to everyone who contributed by signing the card on the mission bulletin board. Your support truly makes a difference in the lives of children and families the world over.

Here are some of the places CWS has provided kits and blankets in 2017: **United States:** 113,726 Hygiene Kits, 4,050 School Kits, 2,755 Blankets, 2,388 Cleanup Buckets; **Armenia:** 7,950 School Kits, 7,500 Hygiene Kits, 1,250 Blankets; **Jordan:** 11,520 School Kits, 7,200 Hygiene Kits; **Guyana:** 872 Hygiene Kits, 487 Baby Kits, 300 Blankets; **Cuba:** 15,000 Hygiene Kits.

Thanks for your support. Brenda Finizio, Chair, Marsha Piper, Carole Fanslow, Committee

CHRISTIAN EDUCATION ~ By: Sharon Brezina, Chair

Come on Spring As we wait in February the kids will be discussing the meaning of Lent – definitions and processes. We will be doing readings, games, and crafts ... using many different activities to help the kids comprehend what this journey means.

~~~~Looking for 2-3 volunteers who will rotate leading Sunday School each week until we hire a CE Director. We can plan the teaching schedule to meet your needs. If you would be interested in leading or helping with this program, please contact Sharon Brezina. It's easy and fun!!!~~~~

Don't forget.....Lent—It's for children too! Lent begins on Ash Wednesday (February 14th). It is a time of repentance, which means recognizing our sins and making changes to become more like what God created us to be.

In keeping Lent with children, here are some ideas for your family to try this coming Lent ~ ways to “engage them with God” at a new level, providing them a time to stretch their spiritual wings, to try out new ways of praying, and to serve others in Jesus’ name. I’ll review these with the kids - it would be great if parents can share in the experience too.

Bible Reading—Select a book of Bible stories from which to read each day at bedtime or some other quiet time. Older children could read directly from the Bible. The books of Matthew and Luke in the Bible are good choices.

Prayer—At bedtime, try the prayer practice called *examen*. Something new I read about ... “The Daily Examen” is a technique of prayerful reflection on the events of the day in order to detect God’s presence and discern his direction for us.” It is a simple way to think back over the day (to examine it) and talk to God about it (adults too!)

Five step daily process

1. **Become aware of God’s presence within the day.**
2. **Review the day with gratitude.**
3. **Pay attention to your emotions.**
4. **Choose one feature of the day and pray from it.**
5. **Look toward tomorrow.**

Missions—Share what you have. Fix, clean and package toys and clothes so they will be nice to get. Add fresh underwear to clothes. Stick new socks in shoes. And pack everything in plastic bags decorated with stickers.



“Today’s class was great.
I’m glad I could fit this into my schedule.”



Everyone had a wonderful time at the Church Christmas Party on Sunday, December 10. Thank you to our wonderful guests, to all who helped make it possible and especially to Ed Yeager!



FELLOWSHIP GROUPS

WOMEN'S FELLOWSHIP ~ By: Carole J. Fanslow, President

- ~ We will meet on February 15 at 12 pm for another "Bring your Own Sandwich" Luncheon; dessert and beverages provided - followed by Bingo and Cards.
- ~ The next meeting of the **Executive Board** will be Thursday, February 1 at 12:00 pm.

BINGO				
11	25	47	66	74
4	19	28	61	85
29	30	★	43	51
83	2	17	20	67
80	13	26	44	90



- ~ On Thursday, March 15 at 12:00 noon our meeting will feature a demonstration on making Ukrainian Easter Eggs with Joan Parzyck. Hostesses for the covered dish luncheon are Marsha Piper, Dorothy Vars and Rose Vars; with devotions led by Renate Krakovich. Cost is \$7.50 per person or bring your favorite covered dish to share. Won't you join us? The more the merrier. Sign up on the bulletin board or call the office.

FELLOWSHIP OF UNITY HILL ~ By: Dot Pickens, President 2018

- ~ Our next turn at **Golden Hill Community Suppers** will be on Wednesday, February 28 – we are always very grateful to those that help out! Come to cook at Golden Hill United Methodist Church at 2 pm or to serve at 5 pm. Questions, contact Dot Pickens or Allen Fanslow.
- ~ FUH is very thankful to our faithful volunteers who braved the frigid weather on December 27 to feed our homeless friends. Chef Ron Finizio, assisted by Renate Krakovich, Marsha Piper, Ed Yeager and the Fanslow's served a delicious ham dinner to 75+ people. Cost was \$199. The meal was much appreciated. We were assisted in serving by a crew from Fairfield Grace United Methodist Church.



~ **HUNGER AWARENESS LUNCHEON** - Sunday, March 4 at 12:30pm.
Adults \$6; Children under 12 are \$3. Sponsored by Fellowship of Unity Hill.
We need at least 2 hunger awareness luncheons per year to help pay for the meals we cook and serve 6 times per year at Golden Hill UMC Community Suppers Program. On average, cost of dinner for 1 night is \$200+.

COMMUNITY GROUPS AND HAPPENINGS

MIDDLEBROOK FARMS WORSHIP SERVICE

Worship service for the residents at Middlebrook Farms in Trumbull will be on Thursday, February 1 at 2 pm led by Deacons Waltraud Yeager and Carole Fanslow.

TRUMBULL INTERFAITH COUNCIL

- ~ **Monthly Meeting** will be Wednesday, February 7 at 7:00 pm Trinity Episcopal Church, 1734 Huntington Tpke, Trumbull.
- ~ **Annual Good Friday Service** on Friday, March 30 at 12 noon at Grace Episcopal Church, 5958 Main Street, Trumbull. The offering will be donated to Trumbull Social Services.

COUNCIL OF CHURCHES OF GREATER BRIDGEPORT

- ~ **Clergy breakfast** on Wednesday, January 31 for new clergy and those that would like to know more about the Council activities at St. John's Episcopal Church, Fairfield Avenue, Bpt.
- ~ **Board Meeting** at Unity Hill UCC on Thursday, February 1 – 4:30-6:00 pm. www.ccgbo.org
- ~ Next **Delegates Meeting** is on Tuesday, March 13 at 6:00 pm at Jesse Lee United Methodist Church in Easton.
- ~ **SAVE THE DATE!** Please plan on joining us! **Annual Spring Fling** fundraiser is on Thursday, May 3 featuring the Show "Priscilla, Queen of the Desert" at Downtown Cabaret Theatre, Bpt.
- ~ **Annual Meeting** is scheduled for Thursday, June 7.

CONNECTICUT WOMEN OF THE UCC

- ~ **90th ANNUAL MEETING** ~ Saturday, April 28 in Mystic. Carpooling will be available.
- ~ **UCC NEW ENGLAND WOMEN'S CELEBRATION X** ~ Friday, April 6 to Sunday, April 8, 2018 at the Holiday Inn by the Bay, 88 Spring St, Portland, ME. This event takes place every 4 years and its purpose is to reach the women in the pews and to involve them in learning and sharing their faith beyond the local church and Conference setting. It is organized by women from United Church of Christ (UCC) congregations across New England, however, women from all denominations and religious traditions are welcome to attend. See bulletin board for more info. www.uccwomenscelebration.org Contact: Kathy Olmsted kolmsted2@comcast.net

44th ANNUAL CROP HUNGER WALK

44th Annual CROP Walk Rally – to be held on Saturday, March 24 at 2:00 pm at First Church Congregational, 148 Beach Road, Fairfield. The **CROP Walk** is Sunday, May 6 at 1:30 – 4:00 pm at Seaside Park, Bridgeport. 25 % of monies raised goes to hunger-related programs in the Bridgeport area. For more information call 203-375-1284 or visit www.cropwalk.org

FAIRFIELD EAST ASSOCIATION

On Sunday, February 11 at 3:00 pm, FEA will meet for an Ordaining Ecclesiastical Council for Elizabeth Jean Yoho at the Congregational Church of New Fairfield. Snow date is March 4.

HEALTH CORNER: 2017-2018 Possibly Worst Flu Season in Years

How to Determine A Cold vs The Flu

Cold	Symptoms	Flu
People with a cold will sneeze more often but not enough to be a reliable sign.	Sneezing	Many people catch the flu from sick people coughing and sneezing.
Mostly Uncommon	Headaches	High Probability
High Probability	Sore Throat	Not Common
Uncommon	Fever	High Probability
Not Usually	Chills	Probability
Minor Aches/Pains	Aches	Severe Aches/Pains
A few days	Development	Very Quickly
Mild	Tired Feeling	Severe
Hacking with mucus	Coughing	Cough/(little mucus)
Usually Common	Clogged Nose	Not Common
Mild	Chest Discomfort	Severe

YOU CAN PREVENT THE FLU!

- 1. Avoid close contact.**
Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
- 2. Stay home when you are sick.**
If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- 3. Cover your mouth and nose.**
Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- 4. Clean your hands.**
Washing your hands often will help protect you from germs.
- 5. Avoid touching your eyes, nose or mouth.**
Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- 6. Practice other good health habits.**
Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

The 2017-2018 flu season could become the worst flu season in years, medical [experts have predicted](#), as a new strain of the influenza virus spreads. The most prevalent strain of influenza seen in Connecticut thus far this season is Influenza A (H3N2), which typically causes more severe illness than other flu strains.

The Connecticut Department of Public Health (DPH) said **as of Jan. 6, 2018**, a total of 1,015 patients have tested positive for influenza, with 456 hospitalized patients admitted between Aug. 27 and Jan. 6. Officials also said 15 flu-related deaths in individuals 65 years and older have been reported to date this flu season.

DPH officials said this year's flu virus has been particularly severe among people aged 65 and older thus far. In fact, recent data revealed by the DPH indicates 70 percent of all patients who have been hospitalized with influenza were from this particular age group.

Officials also report a steep increase in the number of Connecticut residents who have been hospitalized with the flu over the past five weeks. If this flu season is similar to the past two, then Connecticut could be three to five weeks away from peak influenza activity, which DPH officials said would probably be in mid-February.

The Centers for Disease Control and Prevention (CDC) says the use of antiviral medications for treatment of the flu this year is even more important than usual. Officials are also advising doctors that all hospitalized and all high-risk patients with suspected influenza should be treated as soon as possible with a neuraminidase inhibitor antiviral. **While antiviral drugs work best when treatment is started within 2 days of illness onset, clinical benefit has**

been observed even when treatment is initiated later, officials said.

What is the flu? The [flu](#) is caused by the [influenza](#) virus, which changes often, so having [flu](#) caused by one strain does not give you full [immunity](#) to other strains. Common classes of the [influenza](#) virus are type A and type B, each of which includes several subtypes or strains. Type A is usually responsible for the annual outbreaks that typically occur in the late fall and early winter.

The virus is spread from person to person through: Direct contact, such as shaking hands; Small droplets that form when a person sneezes or [coughs](#); or Contact with objects such as handkerchiefs that have been in contact with fluids from an infected person's nose or throat.

When are you contagious? According to the CDC, **symptoms usually develop 1 to 4 days after you are infected.** Because symptoms may not develop for a couple of days, you may pass the flu to someone before you know you have it. **If you are infected with the flu, you are most likely to pass it to someone else from 1 day before symptoms start and up to 7 days after symptoms develop.** Children may be infectious for longer than 7 days after symptoms start. **Typical symptoms of the flu include:** sudden fever, aching muscles, sore throat, coughing, runny nose, headache and eye pain.

While anyone can contract the flu, particularly people who are not vaccinated, the illness is especially dangerous for certain groups, including: people aged 65 and older, children younger than 2-years-old, pregnant women and people of any age with chronic medical conditions, like asthma, diabetes, congestive heart failure or lung disease

Best way to prevent the flu is to get the vaccine, [even if it is imperfect](#). Most employers and insurance plans cover the cost of a vaccine for free. It is especially recommended for people who work in health or food industries. For those without insurance, it generally costs \$40 or less. Some county health departments [offer free shots for seniors](#) and other groups who are susceptible to the virus. The CDC recommends certain high-risk groups — adults over age 65, children under 5 years, pregnant women, and individuals with chronic medical conditions — get treated for the flu with antiviral therapy. And the cost of the vaccine is far less than the cost of contracting the flu. The average person pays about \$130 for doctor visits and medicine when they have the flu.

What should you do if you have the flu? Often the only response required for treating the flu is rest and staying hydrated, [according to the CDC](#), since most people who get the flu do not need medical care or medication. Infected individuals should not go to the emergency room unless they have very severe symptoms, including being unable to eat, having trouble breathing, and severe vomiting. Unfortunately, Antibiotics are only helpful for treating bacterial infections, but influenza is caused by a virus.

Should you go to work if you feel up to it? Another important measure to take if you have the flu is staying home. More than one-quarter of American workers admit to going to work when they are sick, largely because of their work load, according to a survey released Tuesday by the public health nonprofit organization NSF International.

Being a martyr at work is highly discouraged by the CDC. “Stay away from others as much as possible to keep from infecting them,” the CDC said. “If you must leave home, for example to get medical care, wear a face mask if you have one, or cover coughs and sneezes with a tissue.”

[https://patch.com/connecticut/stratford/s/gc0x6/flu-related-deaths-hospital-stays-skyrocket-in-ct?utm_source=alert-](https://patch.com/connecticut/stratford/s/gc0x6/flu-related-deaths-hospital-stays-skyrocket-in-ct?utm_source=alert-breakingnews&utm_medium=email&utm_term=weather&utm_campaign=alert)

[breakingnews&utm_medium=email&utm_term=weather&utm_campaign=alert](https://www.webmd.com/cold-and-flu/tc/influenza-cause)

<https://nypost.com/2018/01/09/why-this-years-flu-season-is-so-bad/amp/>

[https://www.webmd.com/cold-and-flu/tc/influenza-cause](https://www.cdc.gov/flu/professionals/acip/clinical.htm)

<https://www.cdc.gov/flu/professionals/acip/clinical.htm>

CHURCH WORLD SERVICE KITS

It is CWS Kit time again. Most needed are school and hygiene kits. If you are unable to shop, the cost of kits is \$15 plus \$2 for the processing fee; or ask a member of Women's Fellowship Board to shop for you. This is an all-church project, so we hope when the kits are dedicated on Sunday, April 15, the altar will be completely covered! Thank you!

CHURCH WORLD SERVICE KITS are small packages of supplies assembled by volunteers and shipped to families and communities in need around the world. **Please do not enclose money or extra items inside the kits!**

CWS HYGIENE KITS can mean the difference between sickness and health for struggling families in the face of natural disasters, violence, or grinding poverty.

Supplies needed: <http://cwskits.org/assemble-kits/hygiene-kits/>



One hand towel measuring approximately 15"x 28" to 16"x 32" (no fingertip, bath, dish towel or micro-fiber) One washcloth One wide-tooth comb removed from the package One toothbrush in the original package	One fingernail or toenail clipper removed from the package (either acceptable) One bath size bar of soap in the original wrapper Ten standard size Band-aids
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All items need to fit inside a one-gallon plastic zipper closure bag. Remove the excess air from the bag and seal before boxing. Do not add any extra items or toothpaste. A tube of extended expiration date toothpaste will be added to each Kit just prior to its journey. Value: \$15; Processing fee: \$2 per Kit *

*Do not enclose money inside the kits or in the shipping boxes.

CWS SCHOOL KITS give children in impoverished schools, refugee camps, or other difficult settings some of the basic tools for learning.

Supplies needed: <http://cwskits.org/assemble-kits/school-kits/>



One pair of blunt scissors removed from the package (rounded tip, only) Three 70-count bound notebooks or notebooks totaling 200-210 pages (No loose-leaf or filler paper.) One 30-centimeter, 12" ruler One hand-held pencil sharpener removed from the package	One large eraser (no pencil cap erasers) Six new, unsharpened pencils with erasers removed from the package One box of 24 crayons (only 24) One 12"x14" to 14"x17" finished size cotton or lightweight canvas bag with cloth handles (solid color or kid-friendly fabric; no logos; no reusable shopping bags or backpacks)
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All items must be packed inside of the cloth bag. Value: \$15; Processing fee: \$2 per Kit *

*Do not enclose money inside the kits or in the shipping boxes.

CWS EMERGENCY CLEANUP BUCKETS provide assistance to families and communities affected by flooding, tornados and other disasters.

Supplies needed: <http://cwskits.org/assemble-kits/emergency-cleanup-buckets/>



One five-gallon bucket with resealable lid (If bucket has been used, clean well but do not use if it has held chemicals of any kind.) Four scouring pads Seven sponges, including one large One scrub brush Two pairs non-surgical latex gloves Eighteen reusable cleaning towels (e.g. Easy Wipes) One 50 oz. or two 25 oz. bottle(s) of liquid laundry detergent One 16-28 oz. bottle of liquid disinfectant dish soap	One 12-16 oz. bottle of household cleaner that can be mixed with water (no spray bottles) One package of 48-50 clothespins Clothesline, two 50 ft. or one 100 ft. Five dust masks One pair work gloves, cotton with leather palm or all leather 24-28 heavy duty or contractor type 30-45 gallon trash bags on a roll and removed from carton One 6-9 oz. bottle of non-aerosol insect repellent
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All cleaning items must be new— all liquid items must be capped and securely tightened.

Place all items into the bucket, making sure they are packed securely to avoid damage during shipment. Snap the lid on tight and seal with packing tape. Value: \$75; Processing fee: \$3 per Kit *

*Do not enclose money inside the kits or in the shipping boxes.

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 12pm Women's Fellowship Executive Board 2pm Middlebrook Farms 4:30pm Council of Churches Board Meeting at Unity Hill	2	3
4	5 Committee Reports to Council Due in Office by Today 7pm AA 12 step meeting	6 1:00pm Diaconate Meeting	7 9:30am Meditation 7:00pm Trumbull Interfaith Council Meeting	8 11:30-1pm George's Hill Support Group	9	10
11	12 7:00pm Church Council Meeting 7pm AA 12 step meeting	13	14 ASH WEDNESDAY Valentine's Day 9:30am Meditation 11:30am Kennedy Center -crafts 7:00pm Ash Wednesday Service OUTLOOK INFO DEADLINE	15 12pm Women's Fellowship Bring Own Sandwich Lunch/Bingo & cards	16	17 2-3:30pm Overeaters' Anonymous Intergroup Meeting
18 11:45am Bible Brunch "The End of Me"	19 Presidents' Day - office closed 7pm AA 12 step meeting	20	21 9:30am Meditation	22	23	24
25 11:45am Bible Brunch "The End of Me"	26 7pm AA 12 step meeting	27	28 9:30am Meditation Golden Hill UMC Community Suppers 2pm Cook; 5pm Serve			

HAPPY BIRTHDAY IN FEBRUARY!

6 Lori Brezina	14 Mary Acri	20 Carol Dunn
9 Bob Schneider	16 Courty Vars	24 Carole Fanslow
10 Patrick Parker	18 Ilse Plitt	25 Dorothy Vars
11 Little Eagle Piper	18 Marion Gaetano	26 Marsha Piper
13 Cooper Shipley	20 Lauren Parker	27 Cynthia Henderson



Happy 
Valentine's Day!

***"No matter who you are
or where you are
on life's journey,
you are welcome here!"***

**Unity Hill United Church of Christ
The Rev. M. Todd Shipley, Pastor
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Trumbull, CT 06611
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