

MAY 2020 OUTLOOK

Unity Hill United Church of Christ

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The Reverend Dr. M. Todd Shipley, Pastor

Diane Henderson, Moderator

Dawn Brezina, Church Clerk

Dorothy W. Pickens, Soloist

Jeffrey Stokely, Music Coordinator

Joanne Wickson, Office Administrator

Kathleen Miranti, Bookkeeper

Calap Brown, Sexton



JUNE 2020 OUTLOOK DEADLINE

We welcome contributions to our monthly newsletter and invite you to share information, or even something more creative!

Please submit all articles, events or special announcements for the June 2020 Outlook by Wednesday, May 20, if possible, and no later than Monday, May 25. Thanks!

Please remember our homebound in your prayers or with a note:
Dorothy Barwick, Dolores Colaiacomo, Katie Schneider and Mitch Wein.



PASTORAL CARE ~ VERY IMPORTANT!

If you, or someone you know, is hospitalized, please call the church office to let us know (203-374-8822). Hospitals do not notify us when a parishioner is hospitalized.

PENTECOST is on Sunday, May 31

“For we live by faith, not by sight.” – 2 Corinthians 5:7

**“...your kingdom come, your will be done,
on earth as it is in heaven.”** – Matthew 6:10

**“The best and most beautiful things in the world cannot be seen or even
touched. They must be felt with the heart.”** – Helen Keller

“The best way out is always through.” – Robert Frost

**“One can be the master of what one does,
but never of what one feels.”** – Gustave Flaubert

Above are just a few scriptures and quotes that speak to the relationship between grief and hope. I am writing about grief in this newsletter article because YOU ARE GRIEVING. A bold statement, how can I be so certain? Grief is our reaction to a loss of something valuable or meaningful. We grieve when we lose a job, a marriage, a pet, a treasured object, or a loved one. Because of the Coronavirus pandemic we have lost normalcy, safety, and control (if we ever had it). All of us are grieving but we grieve in our own way. Some people cry, others eat chocolate or drink wine, while someone else may call a supportive friend or family member. In whatever way you are grieving I invite you to do so unashamedly. While working as a hospice chaplain I took several seminars and classes that focused on helping others through grief. One thing that the classes had in common was that they espoused the belief that Americans are bad at grieving. The instructors opined that almost as soon as we start grieving, we think we should stop grieving. We dry those tears and ‘get on with it.’ We ‘pull ourselves up by our bootstraps.’ We try to ‘get over it.’ Instead of helping us get through our grief this behavior just shoves it away into a corner, only to come out again when we experience another loss. We must grieve, but followers of the way of Jesus are invited ‘not to grieve as those that have no hope.’ Even though we are to grieve hopefully, we are still allowed to grieve. The promise of

Easter can help us to grieve as those that HAVE hope. I will never believe in a God that creates pain in order to test or shape us, but I DO believe in a God that will be with us as we suffer, and invite us in ways only God can, to make something new and strong out of our grief. People are doing this already. They are making masks for people, delivering food to those that can't, or shouldn't, go out to the store and many more. But before you get to the task of transforming your grief into redemptive action, first you must do the first part ... and grieve. The disciples wept and mourned the loss of their Lord and Savior. First identify and allow your sadness, then allow Jesus to resurrect it into something hopeful and life-giving.

Yours,
Pastor Todd

SPECIAL ONLINE HAPPENINGS WITH PASTOR TODD

NEW GROUPS ONLINE

Mindfulness Meditation: Tuesdays at 1pm <https://zoom.us/j/476564222>

Bible Study: "All About Paul" on Wednesdays at 4pm <https://zoom.us/j/805015283>

Prayer Group: Thursdays at noon <https://zoom.us/j/448136195>

YOU TUBE VIDEOS MADE IN APRIL 2020 BY PASTOR TODD

WORSHIP VIDEOS WITH PASTOR TODD

April 5 - <https://youtu.be/vP4vWDtzP-Y> **April 19 -** <https://youtu.be/mqcuzzGW6Dk>

April 12 - <https://youtu.be/BRgogXHVFBA> **April 26 -** <https://youtu.be/aLT7uFXXyuM>

DAILY MEDITATION VIDEOS WITH PASTOR TODD

Check out Unity Hill's **Facebook page** www.Facebook.com/Unity-Hill-UCC and your email inbox for our daily meditation and news about upcoming worship services and events... We are sending out weekly Worship service bulletins to people who we know don't have access to computers. If you didn't receive a bulletin for Sunday, April 26, please leave a message for me on my office voice mail 203-374-8822 ext. 11 and we will add you to the list.

Yours,
Pastor Todd

CHURCH UPDATES

PENTECOST is on Sunday, May 31

Unity Hill's on-site worship services may have been cancelled, but our church's ongoing mission and ministry continues. In these challenging days with Unity Hill having an online presence for its Sunday Service instead of meeting in person, it is important that every member realize this truth: Church members' faithful, weekly giving makes possible the continued fulfillment of the ongoing mission of Jesus for the church in our community and throughout the world. We need to find a way to remain faithful in their giving responsibility to the Lord and thus continue to invest in and fund the continued mission and ministry of our church in order that Unity Hill's mission will thrive and not suffer.

Here are some ways:

1. Continue giving weekly through your personal banking online bill pay service.

I heard someone say recently, "I rarely write a check anymore." This is because most people pay their bills online these days. Simply fill out the information regarding your church and add them as one of the organizations you "pay" or in this case "give" to. This method does not cost the church or the giver any additional fee. **Unity Hill United Church of Christ, 364 White Plains Road, Trumbull, CT 06611**

2. Send your donation weekly through the U.S. Postal Service.

This may be the option of choice for members who are not tech savvy. The "fee" for using this method is simply the Fifty-Five cent stamp required to send it. Members need to take precautions and make sure that when they send a letter that they don't have symptoms that might lead to the spread of a virus via a letter.

SENIOR GROCERY BAG PROGRAM - Available for all seniors: Through the Federal Cares Act, our local Agency on Aging will be providing us with free grocery bags for seniors. Please let us know if you are interested in receiving a weekly grocery bag by calling (203) 452-5136. You can pick up your bag on Fridays (previously was Monday). Delivery is available for residents who are home-bound. All seniors are eligible and there is no cost for this. Also, everyone is eligible for the food pantry. Be sure to let us know if you have any other food needs. We can give that to you at the time of pick up or delivery. We are able to help those under 60 through our food pantry program. Don't hesitate to call. Depending upon food supplier some products may be replaced with others. [Click here for contents and more information.](#) Call (203) 452-5136 to order or if you have any questions. Be sure to leave a message, staff are monitoring the phones.



VERY SAD NEWS ~ Our friend, Gail Gorlo, passed away peacefully on Easter Sunday, April 12. Her smile is now lighting up Heaven. Her obituary was in the paper on April 25. Todd officiated at her graveside service on Wednesday, April 15th at St. Michael's cemetery. Diane Henderson felt honored to be there and did a reading from Romans. The family is hoping to plan a Celebration of Life at some later date. Our prayers and condolences to Gail's family. In

addition to her husband, Donald, Gail is also survived by her son, Keith Gorlo and wife Marietta of Stratford; her daughter, Kimberly Hayward and husband Lawrence of Venice, Florida; three grandchildren, Sarah, William and Sonny; and one sister, Patricia Parrott and husband Richard of Florida.



INVESTMENTS ~ THOUGHTS ON THE CURRENT MARKET – By: Carol Dunn 4/20/20

The coronavirus has certainly caused chaos in the energy patch.

The broader indices opened more than 1.5% lower this morning, as crude oil prices in the U.S. dropped to around \$13 per barrel. Crude oil prices haven't been that low since 1999. The reality is that oil supplies are vastly outpacing demand right now, as most Americans are driving less due to "stay-at-home" orders.

Crude oil stockpiles have climbed for 12-straight weeks. According to the Energy Information Administration (EIA), crude oil inventories in the U.S. jumped by 19.2 million barrels in the week ended April 10. The EIA also noted that U.S. oil demand is expected to plunge by 29 million barrels per day in April, or the lowest demand level in 25 years.

To try to combat the surge in crude oil inventories and subsequent drop in oil process, OPEC and its allies (OPEC+) agreed to slash production by 9.7 billion barrels per day in May and June. But many analysts feel that production cuts are insufficient and won't fully offset the drop in demand in recent months.

The world uses approximately 100 million barrels of crude oil per day. Given the coronavirus, worldwide demand has plummeted by about 30%. In other words, the world is now using about 70 million barrels of crude oil per day. So, the production cut of 9.7 billion barrels per day is grossly insufficient – and the crude oil will continue to grow. (Bloomberg News)

The bottom line is that ultralow crude oil prices will persist for the foreseeable future, and that is not healthy. The plunge in crude oil prices and other commodities has ignited the fear of deflation. Deflation is a long-term disaster for central banks and could negatively impact the stock market.

What we need to see right now is for the Fed and other central banks to continue to stimulate economic growth. The fact of the matter is that if deflationary forces persist, consumers would likely postpone purchases of goods and services, given that prices will continue to fall.

Thankfully, Europe is finally starting to reopen. Here in the U.S., we're fortunate to be able to watch how Europe reopens before the U.S. fully reopens. Investors are expecting economic growth to reaccelerate as many states prepare to reopen their economies in May.

Dividend stocks have led the market's recovery over the past four weeks. But, with more trading volume on up days than down days, growth stocks have also started to gain ground.

CHURCH COUNCIL ~ By: Diane Henderson, Moderator

Good Day Unity Hill members and friends.

Hope everyone is doing well. I miss you all, can't wait until we can worship together again.

Here's a little bit of humor from Two Old Broads on the Farm.

"There are two types of people during quarantine:

I'm taking this time to better myself OR I just ate carrot cake with my hands!"

"Everything is cancelled. Do you know what's not cancelled? Laundry! Laundry is never cancelled!"

Hope this gave you a little chuckle.

I want to commend Pastor Todd for all that he is doing during this shutdown. I love watching his daily meditations and the Sunday services. He's doing so much to keep the church together.

Thanks also to everyone who have been participating in the services, too.

I would like to end this message with one of my favorite Psalms.

I lift my eyes to the mountains - where does my help come from?

My help comes from the Lord, the maker of heaven and earth.

He will not let your foot slip - he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber or sleep.

The Lord watches over you - the Lord is your shade at your right hand; the sun will not harm you by day, nor the moon by night.

The Lord will keep you from all harm - he will watch over your life;

the Lord will watch over your coming and going both now and forevermore. ~ Psalm 121 NIV ~



Everyone, please stay safe and healthy.

Much love, Diane

MISSIONS COMMITTEE ~ Brenda Finizio, Marsha Piper, Carole Fanslow

"God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them." ~ Hebrews 6:10

Although we are not gathering at church, we are able to serve God by giving to others in need. Missions sent budgeted money to Greater Bridgeport Council of Churches to help support them during this difficult time. GBCC continues to serve people through the Food Center, Janus Center for Youth in Crisis, Project Learn and Bridge Building.

Below is an interesting article on food waste from Council of Churches of Greater Bridgeport website:

Earth Day 2020 - We're In This Together! One point of light amidst the darkness of the COVID-19 pandemic has been a reduction in carbon emissions. As the world powers down under stay-at-home orders, the levels of carbon dioxide emissions have fallen as much as 25% in some countries. While the socio-economic fallout of the pandemic has been devastating, it can also be the wake-up call that the world needs. We have learned that we are more interconnected and more vulnerable in ways we never imagined. We have also seen that our individual actions DO make a difference. Remaining at home has helped to flatten the curve and curb the spread of COVID-19. What else can we do at home that will have a global impact?

An estimated one-third of all food produced in the world goes to waste. This 1.3 billion tons of food either never leaves the farm, is spoiled or lost during distribution or is thrown away. It could be enough calories to feed every undernourished person on the planet. Not only a social and humanitarian concern, food waste is a significant environmental concern as approximately 11% of all greenhouse gas emissions is attributable to the methane gas of rotting food.

As we mark the 50th Anniversary of Earth Day on April 22, what lasting changes can we implement in our daily lives that will help save our vulnerable planet? During this time of crisis, we have come to appreciate more poignantly than ever that we're all in this together.

Five Ways to Help Reduce Food Waste

1. **Consider Composting.** Food waste is not trash. It is a useful resource than can be converted into compost. Recycling food waste into compost captures its nutrients and energy and returns them to the environment. For those who would like to save food scraps but are not able to compost, there are services that will collect food waste on a weekly basis. In addition, several local municipalities have introduced food waste drop-off centers where residents can bring food waste.
2. **Plan Your Meals and Eat Leftovers.** As we all make fewer trips to the supermarket now, we have learned to purchase only that which we know we will use. Not only is it cost effective, it helps reduce waste. Convert leftovers into tomorrow's lunch and make every meal go further.
3. **Store Produce Properly.** Improper storage can lead to premature ripening and accelerated rotting of produce in your home. Did you know that apples and berries should not be stored with cantaloupe, peaches and pears? Certain foods produce ethylene gas which speed the ripening of other foods.
4. **Support Food Recovery.** Organizations such as the FEED Center actively source recovered food for use in its cooking classes and line of food products. Likewise, some markets sell bruised produce at a reduced cost. Purchasing imperfect produce not only ensures it will not end up in a landfill, it will save you money. Likewise, if there is a steady market for imperfect produce, then farmers will be less inclined to let it go to waste.
5. **Get Creative.** Freezing food is one of the easiest ways to preserve it. But food's use goes well beyond consumption. Coffee grounds make great fertilizer and mosquito repellent. Avocadoes and cucumber are wonderful natural skincare products.

OTHER ORGANIZATIONS WE SUPPORTED THIS SPRING WERE:

1. UCC, Other Church's Wider Mission – One Great Hour of Sharing
2. Haitian Helping Hands
3. Duke Children's Hospital & Health Center

Next newsletter, I will share detailed information on the ways these organizations used our funds and the initiatives they are taken during this difficult time.

I am praying for all my brothers and sisters in Christ. Please stay home if you can & be safe.

God Bless, Brenda

**MESSAGE from The Rev. Traci D. Blackmon, Associate General Minister,
Justice & Local Church Ministries, The United Church of Christ**

Please join us in common mission, vision, and purpose by taking up the Strengthen the Church offering on May 31, 2020!

The Strengthen the Church (STC) Offering reflects the shared commitment of all settings of the United Church of Christ to cooperatively build up the UCC. Conferences and the national setting equally share the gifts given by members and friends through their local congregations. The funds raised support leadership development, new churches, youth ministry, and innovation in existing congregations. This offering embodies the wisdom, "together we grow stronger."

Thank you for your past support of STC. This offering provides the financial resources for the United Church of Christ to be a Spirit-inspired and world-changing Christian movement. STC funds ministry that allows us to benefit from best practices, insights, and innovations across the life of the UCC. Because of your support,

new church starts have emerged, congregations have been revitalized, and leadership skills have been enhanced.

Please continue to help the UCC expand its light by taking up the Strengthen the Church offering on May 31, 2020!

Thank you for your continued support of your local Conference, the National Setting, and the body of Christ. If you have any questions, please feel free to contact Jacqueline Owen, Development Strategist, at owenj@ucc.org or 216-736-2169.

Blessings, Rev. Traci D. Blackmon, Associate General Minister

FELLOWSHIP GROUPS

WOMEN'S FELLOWSHIP ~ By: Carole J. Fanslow, President

~ Executive Board meeting on May 7 at 10am???

~ Our last event of the year - our **Luncheon Out** ~ new date to be decided shortly.

FELLOWSHIP OF UNITY HILL

A BELATED NOTE OF THANKS! A special thanks to those who helped prepare the Community Suppers meal on February 23: Dot Pickens, Marsha Piper, Renate Krakovich, Marie Seavey and Carole Fanslow. On Wednesday, February 26, we served 7 trays of mac & cheese, string beans, salad and dessert to 70 people at Golden Hill UMC Community Suppers. Cost was \$149.00. Those volunteers included: Dave Panula, Ron & Brenda Finizio, Dot Pickens, Marsha Piper, Renate Krakovich, Phyllis Bachinski, Marie Seavey and Carole Fanslow.

Thank you to those who supported our Hunger Luncheon on Sunday, March 1.

COMMUNITY GROUPS AND HAPPENINGS

GOLDEN HILL UMC COMMUNITY SUPPERS ~ by Carole J. Fanslow

I had a very different experience today. It was supposed to be our Fellowship of Unity Hill's turn serving the hungry at Golden Hill United Methodist Church on Wednesday, April 22. I told Melodye at Golden Hill that we wouldn't be bringing our usual 7 trays of really good food and vegetables and our usual crew of helpers, but she said if I want to, I could come. So, instead of watching the daily news about Coronavirus, I decided to go. We all wore masks and gloves, and I worked with some really dedicated women from Golden Hill. Golden Hill has been serving the clients curbside or sidewalk dining since March 18. Hot food is prepared each Wednesday and put in a styrofoam container and put in a bag along with utensils, bottles of water, dessert. Coffee is available on a serving cart along with extra bread and desserts to take home. There are no numbers and only a short line – guests come to the door, the bag is handed to each of them – they can stick around if they want, but no inside dining. We served 23 that night – a far cry from the usual 75 to 100, and there were no seconds!

FUH recently donated \$125 to the Community Suppers program. Hopefully when it is our turn again in June, all of this social distancing will be a thing of the past.

After serving our friends at Community Suppers, I was hungry. So I stopped for a pizza in Stratford. Much

to my surprise, the server said my meal was paid for. Some nice woman was treating the next 2 customers to a meal, so instead, I put this amount in the employees' tip jar. So, Wednesday, April 22 turned out to be a very special day in my life.

Stay safe. Carole Fanslow

SILVER LAKE CAMP AND CONFERENCE CENTER

Hi, all you Silver Lake fans! It's finally starting to feel a little bit like spring! I hope you enjoyed the good weather over the weekend and that all the rain is helping everything turn green around you.

We missed all our friends this past weekend, which would have been our Spring Action cleanup event. The site is in good shape, but could certainly use some raking. And we're all eager to get the garden ready for growing. I am hoping to make it to camp at the end of the week to check on the asparagus.

Did you have a chance to check out any of the Earth Day resources I mentioned last week? We had a great time making **NATURE MANDALAS AT MY HOUSE**. *My campfire mandala became part of our campfire last week.*



This week, some of our volunteer deans have planned some programming with some of their past campers. We are so grateful for the commitment our volunteers have shown to our Silver Lake community over the last couple of months. They are truly the backbone of this ministry. If you have the chance, thank a Dean this week!

Our Virtual Campfires will continue each week on our [Facebook page](#) at 4 p.m. on Wednesdays. Join the fun by going to our page and watching the live video. We had some technical difficulties last week; please be patient if we don't start right at 4 p.m. We will be there!

Peace, Jenn Kronholm Clark, Program Director Kronholmclarkj.sneucc@brtapp.com

FAIRFIELD EAST ASSOCIATION

Dear Friends, These are uncertain times. The Covid-19 virus has caused chaos and fear. There is talk of re-opening society, but the time line seems to get pushed further and further out as the situation develops and new information comes forth.

The Executive Committee of the Fairfield East Association has chosen to err on the side of caution. It is with heavy heart that we **announce the cancellation of the Spring Fairfield East Association Meeting** which was scheduled for Wednesday, May 27th.

It is our hope to have our **Fall Association Meeting on Wednesday, October 28th** at the First Congregational Church of Stratford, UCC.

We are all in this together. You are held in the prayers of the FEA, the Southern New England Conference, and the wider United Church of Christ. We are not alone as we seek to do a new thing in being the Good News of our Resurrected Christ in innovative and challenging ways.

Thank you for your continued commitment and faithfulness.

In Christ's love, Rev. Lucille L. Fritz, Moderator, The Executive Committee of the Fairfield East Association
Marcia Carothers, Registrar of Fairfield East Association, Greenfield Hill Congregational Church,
1045 Old Academy Road, Fairfield, CT 06824, (203) 259-5596 x1206

COUNCIL OF CHURCHES OF GREATER BRIDGEPORT

~ **Giving Tuesday is May 5th!** GivingTuesday is an annual international day of giving that runs for 24 hours on the Tuesday after Thanksgiving. Due to the COVID-19 shutdown and the strain on nonprofits, #givingtuesday is coordinating a day of giving on May 5, 2020, to help nonprofits raise the emergency funding they need to meet their communities' needs. We hope you'll share our CCGB and FEED social media posts with your network next Tuesday, May 5th. Our goal is to use the day to amplify our CCGB and FEED's COVID work and the supports we offer Greater Bridgeport. Our Organization is a tax-exempt non-profit organization, under the section 501(c)(3) of the Internal Revenue Code, and therefore all charitable donations are deductible to the full extent allowed by law.

Donate online at <https://ccgb.org/CCGB/DonateToday> or contact info@ccgb.org or *mail donation* to The Council of Churches of Greater Bridgeport, 1718 Capitol Avenue, Bridgeport, CT 06604. Call the office at 203-334-1121 ext. 10 if you have any questions. Thank you for your continued support.

TRUMBULL INTERFAITH COUNCIL

Wednesday, May 6 **Monthly Meeting is cancelled.** Trumbull Congregational Church is still closed.

46th ANNUAL CROP HUNGER WALK RALLY AND WALK

The **CROP Walk** has been postponed until October. More info at www.crophungerwalk.org

There will be a CROP Hunger Walk Board Meeting on Monday, June 15 at 7:00 pm at Unity Hill UCC.

ST. VINCENT'S HOSPITAL'S PARISH NURSE NEWSLETTER

COVID-19 Pandemic - A new coronavirus, first identified in China in December 2019, has caused an outbreak of respiratory illness that the World Health Organization named COVID-19 in February 2020.

HOW COVID IS TRANSMITTED

- Close person-to-person contact through respiratory droplets from coughing and sneezing.
- Through airborne transmission when tiny droplets remain in the air even after the ill person leaves.
- Symptoms may develop within 14 days of exposure.
- Only designated laboratory tests can diagnose the virus.

SYMPTOMS

- Sudden unexplained onset of nausea, vomiting or diarrhea
- Cough
- Fever
- Shortness of breath
- Sore throat

THE BEST WAY TO PROTECT YOURSELF

- Wash your hands frequently and thoroughly using soap and water for at least 20 seconds. Use alcohol-based hand sanitizer if soap and water aren't available.
- Cough or sneeze into a tissue or flexed elbow, then throw the tissue in the trash.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Social distancing of 6 feet. Avoid unnecessary contact with people or surfaces.
- Avoid close contact with people who are sick, sneezing or coughing.
- Stay home when you are sick.

- Clean and disinfect surfaces and objects people frequently touch.
- Only wear a face mask if you have respiratory symptoms or are caring for someone with respiratory symptoms.

HOW TO MAKE MASKS - Important infection prevention

Before starting this project, please ask yourself the following questions:

- Have you been in contact with anyone suspected or confirmed to have COVID-19 in the past 14 days?
- Do you have fever, cough or shortness of breath? If you are able to answer “NO” to both questions, then proceed with making masks. If you answer “YES” to either or both questions, please do not make masks. If you are experiencing cough, fever, or shortness of breath and have a concern that you may have COVID-19 please call your primary care provider for a risk assessment.

Instructions for making masks: Materials

- 100% unused cotton fabric (front) – no metallic fabrics
- 100% cotton or cotton flannel (back)
- 1/4” or 3/8” flat elastic Instructions can be found here. •

<https://www.youtube.com/watch?v=VgHrnS6n4iA&feature=youtu.be>

- Interested in dropping off masks? e-mail: COVIDdonations@hhchealth.org

Masks can be dropped off in re-sealable plastic bag.

May 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 1pm Zoom Mindfulness Meditation	6 4pm Zoom Bible Study All About Paul	7 12pm Zoom Prayer Group	8	9
10 <u>Mother's Day</u>	11	12 1pm Zoom Mindfulness Meditation	13 4pm Zoom Bible Study All About Paul	14 12pm Zoom Prayer Group	15	16
17	18	19 1pm Zoom Mindfulness Meditation	20 4pm Zoom Bible Study All About Paul	21 12pm Zoom Prayer Group	22	23
24	25 <u>Memorial Day</u>	26 1pm Zoom Mindfulness Meditation	27 4pm Zoom Bible Study All About Paul	28 12pm Zoom Prayer Group	29	30
31						

<i>Birthdays in May~ HAPPY BIRTHDAY!</i>	



CHURCH WORLD SERVICE KITS ~ Responding to 2020's Natural Disasters

School and Hygiene Kits to be delivered to the Depot once everything is open again.
 A complete list of needed items will be in the next newsletter. Thank you!

*“No matter who you are or where you are on life’s journey,
 you are welcome here!”*

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