



Outlook

JUNE 2014

Unity Hill United Church of Christ

"Where God's Love Grows a Family"

364 White Plains Road, Trumbull, CT 06611

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The Reverend M. Todd Shipley, Pastor

The Reverend Harold C. Smith D.D., Pastor Emeritus

Carole J. Fanslow, Music/Choir Director

Dorothy W. Pickens, Soloist

Louise Evans, R.N., Parish Nurse

Patricia Bowman, Moderator

Lucille Baver, Vice-Moderator

Carol Dunn, Treasurer

Dawn Brezina, Financial Secretary

David Brezina, Church Clerk

Joanne Wickson, Office Manager

Calap Brown, Sexton

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Office Hours: Monday - Friday 9:00 a.m. - 3:00 p.m.



**OUTLOOK DEADLINE** ~ We welcome contributions to our monthly newsletter and invite you to share information, or even something more creative! The Summer 2014 Outlook, for the months of July and August, will be published at end of June. All submissions, special announcements, articles or events provided by the deadline of Friday, June 20 will be included.

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## A SPIRITUAL PERSPECTIVE

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**By: Pastor Todd Shipley**

### GRADUATION DOESN'T EQUAL FOSSILIZATION



*Romans 12:1-2 (NIV)*

*Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.*

Read the passage above at least three times total. Slow down and chew on every word and try to understand as clearly as possible what Paul's exhortation (lesson) is in these verses.

I don't know about you but when I read words like 'urge' or 'command,' the ears of my soul prick up. Given all of the stories and images in the Bible that are open to interpretation, it refreshes me to read something so direct and inspiring. We read elsewhere in the New Testament that God does not require burnt offerings and here we are told what God does require: a living sacrifice.

#### LIVING SACRIFICE

What do you think this is? How would your life change if you worked to transform your mind so that with its renewing, you were able to more clearly understand God's will for your life? I'm sorry to be redundant but: I AM TALKING ABOUT YOU IN PARTICULAR. YES YOU! Now go get a pen or pencil, before you read further. I'll wait.

Okay write in the space below your immediate answer to the following question:

How will you renew your mind?

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So do it! If you need help making a plan how to do the thing on the line above, make an appointment to see me.

Yours,

Todd

#### PASTORAL CARE

If you, or someone you know, is hospitalized, please call the church office (203-374-8822.)

Hospitals **do not** notify us when a parishioner is hospitalized.



**Please remember our homebound in your prayers or with a note:**

Erika Aanensen, Barbara Bailey, Hazel Berger, Eleanor Dooling,  
Elsie Rapposch, Ruth Schuler and Nellie Wirth.

#### Baptism & Church Membership

Anyone who is interested in scheduling a baptism, or who would like information on joining Unity Hill UCC, please contact Pastor Todd Shipley at 203-374-8822 or [unityhill.pastor@snet.net](mailto:unityhill.pastor@snet.net)

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## CHURCH UPDATES

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### BIBLE STUDY: THE BIBLE DILEMMA

#### BIBLE STUDY ~ "YES and NO"~A Study of the Bible's Dilemmas"

Sunday at 9 am in Pastor's office; Repeated Wednesday at 7 pm in Lynch Hall with Bob K.  
June 1<sup>st</sup> and 11<sup>th</sup> (changed from June 4<sup>th</sup>) – When will Jesus return?

### UNITY HILL UCC CHURCH PICNIC

**Sunday June 8<sup>th</sup>** will be our church picnic at Boothe Memorial Park in Stratford. The picnic begins at 1 pm, following an outdoor worship service at 12:30 pm by Pastor Todd right there at the park. I have been informed by the Diaconate committee there will still be a worship service in church for Pentecost Sunday, but it will be a shortened version.

The cost for the picnic will be \$10 per person, with a max of \$25 for families with kids. Sign-up sheets to attend the picnic are posted in the church hall. We will be collecting monies through Sunday, June 1<sup>st</sup>. **Payment is required at time of sign-up to ensure an accurate count.**

If paying by check, please make it payable to Bob Krakovich (instead of Unity Hill Church) as I will be taking care of collecting for the picnic and paying for expenses.



Sign-up sheets for picnic items needed from the congregation (salads, desserts, garnishments, lettuce/tomato, soda, etc) have also been posted. This picnic is rain or shine since we will be under a pavilion. There is a drop-off area and Handicap parking right at our site. Activities will be provided through Christian Ed and the Youth Group. So bring your comfy lawn chairs, your appetite and pray for a warm sunny day.  
Chef Bob Krakovich, Picnic Coordinator



### MARION AND CRISS GAETANO'S NEW ADDRESS (as of June 1)

80 Rue Mayfair  
Hudson, Quebec, Canada JOP 1H0

**PASTOR TODD'S VACATION** ~ Leaving on the afternoon of June 15 and back to work on June 23.

### UNITY IN LOSS GROUPS MEETINGS

Small group will be meeting at 12 noon on June 26, the last Thursday of the month  
And Large group at 12 noon on June 29, the last Sunday of the month.

**WORSHIP SERVICES ON PENTECOST SUNDAY** ~ Pentecost Sunday is June 8. At 10:30 am there will be a worship service in church. At 12:30pm there will be an outdoor worship service by Pastor Todd at Boothe Memorial Park, Stratford to kick off our Church Picnic. Both services will be shortened. There will be no coffee hour due to the church picnic.

**BAPTISM** ~ Connor Michael McCormick was baptized on Saturday, May 10 ... Congratulations to his parents Casey and Michael McCormick. We wish you all many blessings.

**SAD NEWS** ~ William Osten passed away on May 11 ... Our deepest sympathy and prayers to his sister-in-law, Sandra Osten.

A Memorial Service was held for Ruth Schwarz at Elim Park in Cheshire on Saturday, May 17.

## **CELEBRATION CORNER**

Paulette Shipley graduated on May 17 from Sacred Heart University with her Masters of Science, Nursing Degree. Congratulations Paulette!

Eden Shipley was a bunny and a flower in PACC's Spring ballet on May 18. Great job Eden!

Marsha Piper is very proud that her grandson, Jeremy Cole, is graduating from Middle School in June and will be off to Trumbull High in September. Congratulations Jeremy! Best of luck next year.

**Reminder** – if there is something exciting taking place in your life, or in your childrens' lives, we would love to share the news. Contact Joanne in the office 203-374-8822.

Please contact the office if you would like to have flowers placed on the altar in memory or celebration of your loved ones. Arrangements are \$30 for 1; \$50 for 2. Make checks payable to Unity Hill UCC and note "flowers" in the memo. You can mail the check or drop it off in the office.



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## **CHURCH COUNCIL**

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The next Church Council Meeting will be at 7:00 pm on Monday, June 9. Committee reports to Council are due in the office on, or before, Monday, June 2.

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## **BUILDING AND GROUNDS COMMITTEE**

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**By: Sharon Brezina, Chairperson**

B&G is working hard.

*Some of the things we have accomplished:*

The painting is complete, the ceilings are repaired, and the Hall looks great!

There are still a few little items that remain and we are working on them and hopefully by the end of the month everything will be in place. Thanks to Hank, John, Carol, Pastor Todd and Joanne for moving and putting back all the little things for the painters. It was nice of you to give up your time. Job well done!

Added a light switch to the new storage room from the hall entrance.

Some minor emergency repairs were needed.

AC system is up and running! Yeah!!

*Some of the things we have been working on:*

Wouldn't you rather have a nice big mug of our freshly brewed coffee on a nice Sunday morning rather than a small Styrofoam one? So remember to bring in your coffee mugs.

B&G is going to concentrate on continuing the cleanup and reorganization of the kitchen area. This will include the appliances, pots and pans, need of what is stored there, etc.

Today's B&G tip:

### **How to keep ants away from your picnic or patio**

Eating outside always seems like a party, even if it's just yourself and a drumstick — that is, until the ants come marching along.

**Here are some eco-friendly solutions to keep these determined insects from spoiling the fun:**

- Mint oil. Mint oil is a powerful, non-toxic ant deterrent. Sprinkle chopped mint leaves around the picnic table or blanket.
- Draw the line. A line of chalk or talc will discourage ants from crossing.
- "Agent" orange. Try some drops of orange oil or put some orange peels in the food processor to break them down into a liquid. Orange oil kills ants on contact.

Enjoy the beautiful weather!!

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## **CHRISTIAN EDUCATION**

**By: Mabel Buttress, Chairperson**



**Easter  
Sunday  
April 20,  
2014**

**Our famous  
Easter  
Bunny  
With  
Cooper;  
Criss and  
Marion  
Gaetano;  
Willis; Chris**



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## **YOUTH GROUP**

Youth Groups will meet on Sunday, June 1 and there will be a wrap up meeting – date and time to be announced. ~ We will continue to work with both groups together, from 5:30 pm to 7:30 pm.

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## **DIACONATE COMMITTEE**

**By: Diane Henderson, Chairperson**

On June 22, Rev. Edgard Chery will be our guest preacher while Pastor Todd and family are on vacation. We look forward to having him with us again.

On May 18, we had a special offering for Rev. Chery to use in his church in Haiti. We collected \$285. Many thanks to all who contributed.

We continue to seek Greeters, Ushers and Lay Readers. Please sign up or let me know when you can serve. It is truly appreciated.

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## **MISSIONS COMMITTEE**

**By: Wally Yeager, Chairperson**

For your convenience, we added an envelope in our May Outlook for our “Strengthening the Church” program. So far, we have collected a little over \$250. If you have not returned your contribution—would you please do so. We are grateful for your continuous generosity.

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## **MUSIC MINISTRY**

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**By: Carole Fanslow**

Members of the Handbell Choir will be playing during the summer. Along with liturgical dancer, Emma Spencer, who will perform a special piece on Sunday, June 29.



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## **FELLOWSHIP PROGRAMS**

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### ***Fellowship of Unity Hill***

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**By: Dot Pickens, President 2013-2014**

- ~ We are meeting on Sunday, May 18<sup>th</sup> after church to discuss events for the summer.
- ~ Our June 1<sup>st</sup> meeting will be a pot luck dinner at the home of Rose Vars at 6:00 pm. All are welcome to come.
- ~ Our next Golden Hill Community Suppers is on Wednesday, June 25<sup>th</sup>. Help is always needed as we don't get help from the youth once school is out.

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### ***Men's Fellowship of Unity Hill***

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**By: Pastor Todd**

- ~ Our new Men's Fellowship started off well with 7 people and a lively discussion on "Growing Wise in a Wild World."
- ~ Next meeting will be at Pastor Todd's house on July 7<sup>th</sup> at 6:00 pm. Invite a friend.

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### ***Women's Fellowship of Unity Hill***

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**By: Betty Vida, President**

- ~ A successful luncheon out was held on Thursday, May 15 at Knapp's Landing Restaurant in Stratford.
- ~ No meetings until September when the Fellowship is planning a trip to Judson House in Stratford on Wednesday, September 3. Watch for details.

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## **COMMUNITY GROUPS AND HAPPENINGS**

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### ***Middlebrook Farms Worship Service***

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There will be a Worship Service at the 2:00 p.m. at Middlebrook Farms on Thursday, June 5 with Holy Communion being celebrated by our Pastor.

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### ***Golden Hill Community Suppers Program***

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Our next turn will be Wednesday, June 25 at Golden Hill United Methodist Church, Bridgeport. We cook at 2 pm; Serve at 5 pm. More help is always appreciated.

Fellowship of Unity Hill reports that they served 108 first timers at their April 23 community supper at Golden Hill United Methodist Church. A delicious meal consisting of ham, sweets, green beans and a salad was enjoyed by all. Many thanks to Wally & Ed Yeager, Ron Finizio, Henry Parker, Rose Vars, Lebo Molepo, Marsha Piper, Renate Krakovich, Dot Pickens and Carole and Allen Fanslow. The meal cost \$226.

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## **40<sup>th</sup> Annual CROP Hunger Walk**

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### **40<sup>th</sup> Annual CROP Hunger Walk ~ Sunday, May 4**

On Monday, June 2 at 7:00 p.m. there will be a CROP Board wrap-up meeting at Unity Hill. Come and find out all about CROP and hear the results of this year's walk.

Many thanks to those that walked, sponsored or worked at the May 4<sup>th</sup> Walk. Our walkers included: Carole & Allen Fanslow, Dot Pickens, Patty, Hannah & Trevor Bowman, Lebo Molepo, and Padraic & Emma Spencer. Unable to walk but contributed: Danielle King, Amy Aanensen, and Marion Gaetano. Our workers were many: Ed & Wally Yeager, Keith Gorlo, Marsha & Little Eagle Piper, Sarah Spencer, Linda Polito, Rose Vars and Steve Pickens. Many thanks to Rev. Harold Smith for his generous contribution and to the Fellowship of Unity Hill for their donation. Total amount raised was \$2295.00 ~ a great amount from Unity Hill! Many thanks to all. Special thanks to our coordinators Dot Pickens and Marsha Piper.



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## **Trumbull Interfaith Committee**

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The opening meeting will be on Wednesday, September 3 at 5:30 p.m. at Unity Hill United Church of Christ, Trumbull with a pot luck supper for the Clergy and Laity on the Committee.

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## **Council of Churches of Greater Bridgeport**

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YOU ARE INVITED to Join United Illuminating & The Council of Churches Congregational Life Committee to a **FREE** Energy Breakfast on Tuesday, June 3 from 7:30 – 9 AM at United Congregational Church, 877 Park Avenue, Bridgeport. R.S.V.P. to The Council of Churches – [jeanetteharris@ccgb.org](mailto:jeanetteharris@ccgb.org) or 203-334-1121 or Online @ [www.faithandresults.com](http://www.faithandresults.com) – Click Our Events. (Sponsored by The Council of Churches of Greater Bridgeport in cooperation with Shiloh Baptist Church, F.R.E.E.D.O.M., and Gulick GBD)

### **Find out how your House of Worship can**

- **Reduce** your Energy Bills by up to **33%**
- **Guarantee** a Stable Monthly **Energy Cost**
- **Access 0%** Financing for **Utility Upgrades**

### **Find out how Parishioners and Community can receive**

- **Free** Residential Energy **Audits & Upgrades**
- **Free** Appliance Upgrade **Replacements**

**Transitional Housing for Victims of Domestic Violence:** CCGB is collaborating with The Center for Family Justice (formerly The Center for Women and Families) to make transitional housing available to victims of Domestic Violence. As of May 14 we have pledges of support totaling \$16,300 – we only need \$350 more to be able to cover the rent of these 3 apartments for a year.

**Summer Donation Focus:** grocery store gift cards, personal hygiene and toiletry items, and cleaning supplies. If you can help with any of the above, please contact Patty Jensen at [pattyjensen@ccgb.org](mailto:pattyjensen@ccgb.org) or 203.334.1121 x 243.

**Adult Services:** The Council's Adult Services would welcome one or more congregations willing to sponsor one week (cost \$300) of computer training. Our June Adult Literacy and Learning computer course runs from June 16 through June 26. The course is free to students. Please contact Dan Braccio for more information, 203 367-8441 ext. 231, or [danbraccio@ccgb.org](mailto:danbraccio@ccgb.org).

Our CO-OP Center program would appreciate receiving 40 deodorant sticks (men's or women's) in June. Donations can be dropped off to The Council's office Monday-Friday, 8:45 am – 4:45 pm. Thank you!

**Children's Services:** After-school programming has begun at our newest center; PT Barnum at 301 Bostwick Avenue in Bridgeport. The following school supplies are needed: paper, pencils, pens, notebooks, markers, pencil sharpeners, calculators, binders, loose leaf paper, book bags, construction paper, flash cards and book covers. We also are looking for volunteers for our 3 Summer Programs. If you can help with some of these items or are willing to volunteer, please contact Sean Campbell at 203-334-1121 ext. 244 or [seancampbell@ccgb.org](mailto:seancampbell@ccgb.org).

**Youth Services:** We will be offering a summer Enrichment program for Middle Schoolers this summer. We would be grateful for donations of the following: Age-appropriate Board Games like **Trouble, Taboo, Uno Spin, Pictionary**; a volley ball and net; and healthy snacks. If you can help us out, contact Dale Holder at 203.334.1121 ext. 221 or [daleholder@ccgb.org](mailto:daleholder@ccgb.org)

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## **Fairfield East Association**

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Wednesday, May 28 at 6:00 pm is the Spring Meeting at the Congregational Church of Brookfield. There will be a dinner, worship, election of officers and committee members. Program "God Needs Us, We Need Each Other" presented by Rev. Kent Siladi, our Conference Minister.

On June 8 at 3:00 pm there will be a Service of Ordination for Alyssa DeWolf at Newtown Congregational Church.

Congratulations to our Pastor Todd Shipley, who is now serving as Moderator of Fairfield East. We wish him all the best.

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## **HEALTH CORNER**

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**By: Louise Evans, R.N.**

### **PROTECTING CHILDREN FROM LEAD POISONING.**

The American Academy of Pediatrics and the C.D.C. state that children are at risk for lead poisoning if they live in, or regularly visit, a house that was built before 1950, or one that has been built before 1978 and is being remodeled or has recently been remodeled.

The E.P.A. has much information on this available at [www.epa.gov/lead](http://www.epa.gov/lead) on dealing with lead paint in older homes. Other than lead paint, there are many other risk factors, which include: having a family member or friend who has a hobby that uses lead paint (making pottery or stained glass). Drinking water can be a problem if the pipes are made of, or soldered with, lead. Lead can also be found in old ceramic cookware, dust, soil, imported toys, candles and cosmetics.

A blood test is available to diagnose the presence of lead in the body. Physicians and health care workers will test for lead whenever strange symptoms occur.

Parents should wash kids' hands when they come inside if they've been playing in the dirt. And above all, don't let our precious children chew on anything that might possibly be painted with lead paint.

### **WALKING: TRIM YOUR WAISTLINE, IMPROVE YOUR HEALTH**

**Ready to reap the benefits of walking? Here's how to get started — and stay motivated.**

Can you really walk your way to fitness? You bet! Get started today!

**PLAN YOUR ROUTINE** ~ As you start your walking routine, remember to:

- **Get the right gear.** Choose shoes with proper arch support, a firm heel and thick flexible soles to cushion your feet and absorb shock. If you walk outdoors when it's dark, wear bright colors or reflective tape for visibility.
- **Choose your course carefully.** If you'll be walking outdoors, avoid paths with cracked sidewalks, potholes, low-hanging limbs or uneven turf.
- **Warm up.** Walk slowly for 5-10 minutes to warm up your muscles and prepare your body for exercise.
- **Cool down.** At the end of your walk, walk slowly for 5-10 minutes to cool down your muscles.
- **Stretch.** After you cool down, gently stretch your muscles. If you'd rather stretch before you walk, remember to warm up first.

**KNOW THE BENEFITS** ~ Physical activity doesn't need to be complicated. Something as simple as a daily brisk walk can help you live a healthier life. The faster, farther and more frequently you walk, the greater the benefits. Regular brisk walking can help you:

- **Maintain** a healthy weight
- **Prevent** or manage various conditions, including heart disease, high blood pressure and type 2 diabetes
- **Strengthen** your bones
- **Lift** your mood
- **Improve** your balance and coordination

**CONSIDER YOUR TECHNIQUE** ~ Turning your normal walk into a fitness stride requires good posture and purposeful movements. Ideally, here's how you'll look when you're walking:

- **Your head is up.** You're looking forward, not at the ground.
- Your **neck, shoulders and back** are relaxed, not stiffly upright.
- You're **swinging your arms** freely with a slight bend in your elbows. A little pumping with your arms is OK.
- Your **stomach muscles** are slightly tightened and your back is straight, not arched forward or backward.
- You're **walking smoothly**, rolling your foot from heel to toe.

Source: <http://www.mayoclinic.org/healthy-living/fitness/in-depth/walking/art-20046261?footprints=mine&pg=2>

**WALKING, HIKING AND BIKING** For more information on ways to lead a healthier lifestyle and to find resources near you, visit our website [www.GetHealthyCT.org](http://www.GetHealthyCT.org)

Look inside for:

- Websites to find local trails for hiking and biking
- How to trim your waistline by walking
- Safety tips for pedestrians
- A tool that measures how many calories you burn while exercising
- Essential tips for a safe hike
- How to avoid getting lost in the woods
- Kids' Bicycle Safety Tips

***BIRTHDAYS IN JUNE ....  
HAPPY BIRTHDAY!***

|                 |                           |                       |
|-----------------|---------------------------|-----------------------|
| 3 Nellie Wirth  | 5 Dawn Parker             | 9 Florence Brezina    |
| 12 Eden Shipley | 16 Shakira Marrero        | 28 Frank Heffelfinger |
| 29 Duane Bailey | 30 Gayle Morrissey Robles | 30 Aurielus Cole      |
| 30 Mandi Rondon |                           |                       |

***HAPPY ANNIVERSARY THIS MONTH ....***

- 6/7 Carole and Allen Fanslow
- 6/19 Dorothy and Courty Vars
- 6/22 Bob and Janice Coulson

Wally and Ed Yeager celebrated their 62<sup>nd</sup> Wedding Anniversary on Sunday, May 18 during coffee hour. Their anniversary was on Thursday, May 15. (Sorry - It was inadvertently left out of the May Outlook.)

Ruth Schuler will celebrate her birthday on May 29. Happy Birthday Ruth. (Sorry - It was inadvertently left out of the May Outlook.)



# June 2014

| SUNDAY                                                                                                                                                                   | MONDAY                                                                                                                                       | TUESDAY                                        | WEDNESDAY                                                                     | THURSDAY                                                                                                                       | FRIDAY                                                                                         | SATURDAY                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|-------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-----------------------------------|
| <b>1</b><br><b>9:00am</b><br>Bible Study<br><b>5:30-7:30pm</b><br>Youth Groups Meeting<br><b>6:00pm</b><br>Fellowship of Unity Hill Pot Luck Supper at home of Rose Vars | <b>2</b><br>Committee reports to council due<br><b>7:00 pm</b><br>Church Picnic<br>Planning Meeting<br><b>7:00pm</b><br>CROP wrap-up meeting | <b>3</b><br><b>10:00am</b><br>Women's Meeting  | <b>4</b>                                                                      | <b>5</b><br><b>2:00pm</b><br>Worship with Holy Communion at Middlebrook Farms<br><b>3-9pm</b> John Sandel in Counseling Center | <b>6</b><br><b>8-12</b> John Sandel in Counseling Center<br><b>4-6pm</b> Girl Scouts           | <b>7</b>                          |
| <b>8</b><br><b>PENTECOST SUNDAY</b><br><b>10:30am</b><br>Worship Service at Church<br><b>12:30pm</b><br>Worship Service at park<br><b>1:00pm</b> Church Picnic           | <b>9</b><br><b>7:00pm</b><br>Church Council Meeting                                                                                          | <b>10</b><br><b>10:00am</b><br>Women's Meeting | <b>11</b><br><b>7-8:30pm</b><br>Bible Study                                   | <b>12</b><br><b>3-9pm</b> John Sandel in Counseling Center                                                                     | <b>13</b><br><b>8-12</b> John Sandel in Counseling Center<br><b>4-6pm</b> Girl Scouts          | <b>14</b>                         |
| <b>15</b><br><b>FATHER'S DAY</b>                                                                                                                                         | <b>16</b>                                                                                                                                    | <b>17</b><br><b>10:00am</b><br>Women's Meeting | <b>18</b>                                                                     | <b>19</b><br><b>3-9pm</b> John Sandel in Counseling Center                                                                     | <b>20</b><br><b>OUTLOOK INFO DUE IN OFFICE</b><br><b>8-12</b> John Sandel in Counseling Center | <b>21</b><br><b>SUMMER BEGINS</b> |
| <b>22</b><br>Pastor Edgard Chery is substitute minister while Pastor Todd is on vacation                                                                                 | <b>23</b>                                                                                                                                    | <b>24</b><br><b>10:00am</b><br>Women's Meeting | <b>25</b><br>Community Suppers Program<br><b>2pm</b> Cook<br><b>5pm</b> Serve | <b>26</b><br><b>12:00pm</b><br>Unity in Loss Small Group<br><b>3-9pm</b> John Sandel in Counseling Center                      | <b>27</b><br><b>8-12</b> John Sandel in Counseling Center                                      | <b>28</b>                         |
| <b>29</b><br><b>12:00pm</b><br>Unity in Loss Large Group                                                                                                                 | <b>30</b>                                                                                                                                    |                                                |                                                                               | <b>Remember to bring in non-perishable food for the Food Pantry</b>                                                            |                                                                                                |                                   |

