

JUNE 2017 OUTLOOK

Unity Hill United Church of Christ

“Where God’s Love Grows a Family”

364 White Plains Road, Trumbull, CT 06611

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Phone: 203-374-8822 Fax: 203-374-1120

The Reverend M. Todd Shipley, Pastor

Lucille Baver, Moderator

Diane Henderson, Vice-Moderator

Shari Herman, Interim Bookkeeper

Dawn Brezina, Financial Secretary

David Brezina, Church Clerk

Dorothy W. Pickens, Soloist

Louise Evans, R.N., Parish Nurse

Joanne Wickson, Office Administrator

Calap Brown, Sexton

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Office Hours: Monday – Friday 9:00 a.m. – 3:00 p.m.  
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OUTLOOK DEADLINE ~ We welcome contributions to our monthly newsletter and invite you to share information, or even something more creative! The **SUMMER (JULY/AUGUST) 2017 Outlook** will be published at the end of JUNE. All submissions, special announcements, articles or events **provided on, or before, the DEADLINE of Wednesday, JUNE 14** will be included.



PASTORAL CARE ~ If you, or someone you know, is hospitalized, please call the church office (203-374-8822) to let us know. Hospitals **do not** notify us when a parishioner is hospitalized.



Please remember our homebound in your prayers or with a note:

Hazel Berger, Dolores Colaiacomo, Elsie Rapposch,
Katie Schneider, Mitch Wein and Nellie Wirth.

You're too busy. Even if you don't do too much
I bet you feel guilty about not 'doing' enough:
I don't exercise enough.
I don't read enough.
I don't pray enough.

While it's true that our habits could be healthier, the constant pressure we put on ourselves to do, or be, more indicates that at our core we don't believe one of the fundamental gospel promises:

"The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly." John 10:10

"But seek first His kingdom and His righteousness, and all these things will be added to you." Matthew 6:33

You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever. Psalm 16:11

"Give, and it will be given to you. They will pour into your lap a good measure--pressed down, shaken together, and running over. For by your standard of measure it will be measured to you in return." Luke 6:38

Jesus said to him, "I am the way, and the truth, and the life; no one comes to the Father but through Me." John 14:6

Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow. James 1:17

We don't believe that WE are enough so we don't keep the promise close, the promise that in God there is fullness. Instead, because we are tired and stressed and hungry and lonely, we listen to the human world when it tells us there isn't enough of everything to go around, then we get fearful. Fear keeps us outside the gates of the kingdom of God.

Summer is a time of vacation and supposed 'relaxation.' Can you hit the pause button and take a retreat? There are 1 hour retreats, one day retreats, a weekend or a whole week. Your soul is worth it.

Here is a list of retreat centers:

Leir Retreat Center in Ridgefield, CT (203) 431-0374

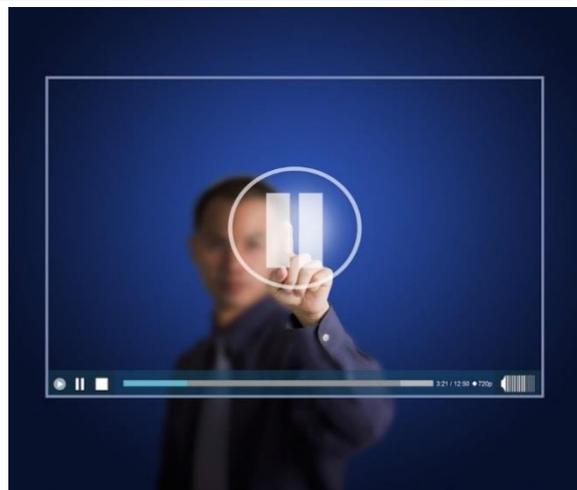
The New England Prayer Center in Easton, CT (203) 257-8240

Redding Center for Meditation in West Redding, CT (203) 244-3130

St Ignatius Retreat House in Ridgefield, CT (203) 431-0201

Convent of St. Birgitta in Darien, CT (203) 655-1068

*Yours,
Pastor Todd*



CHURCH UPDATES



FELLOWSHIP HOUR SIGN-UP

Please sign up to provide snacks and drinks for fellowship time after worship. We have openings on June 18 and June 25 and all the Sundays in July and August. Please sign up on the bulletin board.

MEDITATION WORKSHOP

Every Wednesday 9:30 – 10:30 am in the sanctuary

MEMORIAL DAY – Monday, May 29 – *Office is closed.*



PENTECOST SUNDAY ~ Celebrate with us on June 4 at 10:30 am.



HAPPY FATHER'S DAY ~ Sunday, June 18

OUR DEEPEST SYMPATHY – It is with great sadness that we say farewell to our almost 100 year old member, Barbara Bailey, who died on Sunday, April 30 at Bishop Wicke Health Center in Shelton. Her service was held at Unity Hill UCC on a rainy Friday morning, May 5 at 11:00 am. Our deepest sympathy is extended to her nephews, Duane and Russell Bailey. When she was able, she never missed a Women's Fellowship meeting – she served for many years as their Treasurer. Well done, good and faithful servant.



PASTORAL COUNSELING CENTER OF TRUMBULL will close its office at Unity Hill on June 1. The Rev. Dr. John Sandel is available for counseling in Milford Pastoral Counseling Office – 203-877-7713.

BOOK OF REMEMBRANCE ~ By: Carol Dunn

Task Team: Carol Dunn, Diane Henderson and Florence Brezina

We are pleased to offer an opportunity for you to make a gift in memory of or in honor of a loved one. Monies received into the BOR (Book of Remembrance) become a living memorial, as accumulated funds are used to enhance the life and ministry of Unity Hill United Church of Christ. Only gifts of lasting value will be purchased for the Church from this account and each gift purchased will not be in memory of any one individual, but will become a memorial to all those persons who have been remembered through this fund.



To be memorialized in the BOR, it is not necessary for a person to have been a member of this congregation. Gifts may be made at the time of death, or at any subsequent time. Holidays are also a nice time to memorialize a loved one; i.e. Easter, Mother's Day, Father's Day, Christmas. Each gift is acknowledged by the Task Team to the giver(s) and to the family member(s) of the person for whom the gift is given.

The names of cherished donors and their loved ones are inscribed once a year and recognized in prayer on All Saint's Sunday.

If you have any questions on how this works or how you can donate to the fund and have a loved one's name entered into the Book of Remembrance, please contact one of the team members or call the office.

GEORGE'S HILL



Thursday, June 8 from 11:30 am until 1 pm.

George's Hill is a social engagement group for persons with memory problems or early dementia and their caregivers, where they can meet with other people with similar problems, for a fun program and lunch, which is provided. To register, please call the church office at 203-374-8822 or sign up on our web site. Our motto is: **YOU ARE NOT ALONE!**

CHURCH COUNCIL ~ By: Moderator, Lucille Baver

COMMITTEE REPORTS TO COUNCIL are due in church office by **Tuesday, May 30.**

CHURCH COUNCIL MEETING on **Monday, June 5 at 7:00 pm**



CHRISTIAN EDUCATION COMMITTEE ~ By: Sharon Brezina, Chair

What a great performance by the kids lately.

A few weeks ago, Emily Brezina did sign language to the awesome song "Holy Spirit" by Francesca Battistelli. What a beautiful thing to watch. We're very proud of you Emily – can't wait for your next performance.

Mother's Day brought the teens out - reciting quotes from the bible and famous people. Everything from Erma Bombeck "*When your mother asks, "Do you want a piece of advice?" it is a mere formality. It doesn't matter if you answer yes or no. You're going to get it anyways."*

to Proverbs 31:28 "*Her children rise up and call her blessed; her husband also, and he praises her"*

Then the youth decided to present a poem to the congregation. They chose the one below - I will repeat it here for all those that might have missed the words, they say so much

"When You Thought I Wasn't Looking" Author: Unknown

When you thought I wasn't looking,

I saw you hang my first painting on the fridge and I wanted to paint another one.

When you thought I wasn't looking,

I saw you feed a stray cat, and I thought it was good to be kind to animals.

When you thought I wasn't looking,

I saw you make my favorite cake for me, and I knew that little things are special things.

When you thought I wasn't looking,

I heard you say a prayer, and I believed that there was a God to talk to.

When you thought I wasn't looking,

I felt you kiss me goodnight, and I felt loved.

When you thought I wasn't looking,

I saw tears come from your eyes, and I learned that sometimes things hurt, but it's alright to cry.

When you thought I wasn't looking,

I saw that you cared, and I wanted to be everything that I could be.

When you thought I wasn't looking, I looked....

and I wanted to say thanks for all the things I saw when you thought I wasn't looking.

Thanks to all the kids, Lily and all the teen helpers we had to make the day so special for all.

We have a lot of good things coming up in the next few months.

Next up ... with the help of the kids, we are planning an ice cream social to gather ideas for the youth group.

DIACONATE ~ By: Patricia Bowman, Chair

Diaconate will be meeting on Tuesday, June 6 at 1:00 p.m.

BUILDING AND GROUNDS COMMITTEE ~ By: Carol Dunn

Committee: Henry Parker, Chairperson, John Rossi, Steve Pickens and Carol Dunn

- The handicap spots have been repainted and two additional spots have been added. The white lines in the lower parking lot were repainted at the same time.
- New Handicap Signs will be hung within the next week.
- Beautiful geranium arrangements were planted in front of the church and more flowers down by the sign. Thanks to Carol Dunn and Hank Parker!!
- The three dead bushes on the bank at the rear of the church will be removed.
- Weeds will be removed and some flowers will be planted.
- We are going to work on making the "Bell" the focal point of the church.
- The Kitchen will be repainted.



TRAFFIC LIGHT STUDY CONCERNS ~ If anyone is concerned about the traffic light study being conducted at the light for Unity Road and White Plains Road, you can contact Fred Kulakowski, Reference # 144-211, at 860-594-2747. The more people who call about it the better.

MISSIONS COMMITTEE ~ By: Brenda Finizio, Chair (help of Carole Fanslow & Marsha Piper)

In every way I showed you that by working hard like this we should help the weak and remember the words that the Lord Jesus himself said, "It is more blessed to give than to receive." ~ Acts 20:35

"We can't help everyone, but everyone can help someone." ~ Ronald Reagan

HAITIAN HELPING HANDS is looking for large suitcases to be used for delivering supplies, particularly school supplies, for the Cornerstone School in Port-au-Prince, Haiti. If interested, please donate to Unity Hill UCC by June 11th.



ONE GREAT HOUR OF SHARING ~ Thank you for the contributions to One Great Hour of Sharing.

Along with the collections, we will send \$475 from the Mission budget. One of the areas of focus will be on helping to end famine, particularly in East Africa. On May 21st, please participate in "Global Day of Prayer to End Famine." Please see additional information on the Mission Board.

LOVE OFFERING FOR SHARON'S WALK ~ On May 14th, Mother's Day, we had a love offering for Sharon's Walk, which Missions matched. The event was to raise money for Epilepsy Foundation of Connecticut. Unity Hill UCC members, Mandi Rondon and her daughter, Maddie, who has epilepsy, participated in the walk.

HELP FOR HOMELESS YOUTH ~ I visited a Safe House in Las Vegas run by Nevada Partnership for Homeless Youth. It is an incredible organization and I'd love to see a safe house like the one I visited in the greater Bridgeport area.



THE COUNCIL OF CHURCHES OF GREATER BRIDGEPORT ~ Unity Hill UCC was one sponsor of the CCGB Spring Fling on May 4th. It was a huge success. We will continue to support CCGB, which provides a full range of programs and services to help care for those in need. In addition, they support area hunger outreach efforts and provide several inter/intra-faith community activities. Marsha, Allen and Brenda attended the annual CCGB annual meeting in May. Through the support of many churches, the organization is doing well, despite not getting the federal funding they have received in the past.

US YOUTH MISSION TRIPS THROUGH CT UCC SILVER LAKE CONFERENCE CENTER

Looking for teen volunteers to attend one of the 2017 Silver Lake Mission trips. The trip is supported by the Missions Committee so it's a great opportunity. The two mission trips to choose from are:

~ July 16th - July 22nd - Orland, Maine – build homes, farm work and cook in soup kitchen.

~ July 30th - August 5th - Hartford, CT – live and serve in the city for ½ week and the other half will focus on food justice in urban and rural settings.

If interested, please contact Brenda.

Healthy Food Drive



The **HEALTHY FOOD DRIVE** started May 14th and runs until June 25th. This is a good time to donate because food banks usually have a shortage in the summer and there's a lot of need with children home from school. Please see the list of healthy food items on Missions board. All donations should be left on the stage in the fellowship hall. We are also collecting monetary and gift card donations.

HEALTHY FOOD DRIVE SHOPPING LIST

When canned, choose pop-top lids whenever possible, and donate only healthy foods such as:

Low-sodium, no-salt canned vegetables

Low sugar, low sodium pasta sauce

Canned fruit packed in 100% juice or water

Low-sodium or no-salt canned soups

Low-sodium canned or dried beans

Canned tomato products (low sodium diced/pureed or crushed)

Canned tuna/ canned salmon

Canned unsalted nuts

Low sodium chicken/vegetable broth or stock

Unsweetened applesauce

Unsweetened dried fruit (such as raisins, not fruit leather or roll ups)

Shelf-stable milk, such as Parmalat, Almond or Soy milk

Whole wheat pasta

Brown rice

100% fruit spread (not jellies or jams)

Natural peanut butter (no sugar, no hydrogenated oils – just peanuts)

Salsa

Low-sugar cereals, such as Cheerios, Chex, or Shredded Wheat

Whole wheat tortillas, Taco shells

Unsweetened oatmeal

Dried herbs and spices

Honey

Olive oil

Non-creamy salad dressings/vinegars

Please avoid:

- High sugar foods and drinks) soda, fruit juice with sugar, candy, cookies, pies, muffins, donuts, toaster pastries, cereals sweetened with sugar, chips, canned foods with sausage or hot dogs)
- High fructose corn syrup (found in bread, drinks, ketchup, etc.)
- Trans fat (any food that contains “partially-hydrogenated oil”)
- Food past the expiration date

FELLOWSHIP GROUPS

WOMEN'S FELLOWSHIP ~ By: Carole J. Fanslow, President

- ~ The **Executive Board** at their meeting on Thursday, May 18 began planning for the upcoming year. The board will meet again on Thursday, June 1 at 12:00 pm. Watch for our new program flyer which will be out in September. Ideas for new and/or different programs are always welcome.
 - ~ Our **ANNUAL LUNCHEON OUT** was on Thursday, May 18 at Bertucci's Restaurant, Shelton.
-

FELLOWSHIP OF UNITY HILL ~ By: Dot Pickens, President 2016

- ~ Our next turn at **Golden Hill Community Supper** will be Wednesday, June 28. Many hands make light work. Help is always needed and welcomed either at 2:00 pm to help fix the meal or 5:00 pm to help serve. Any questions, ask Dot Pickens or Allen Fanslow.
 - ~ We will have a June meeting; to be announced, to discuss the meal.
-

CHURCH WORLD SERVICE KITS

Many thanks to those that either prepared hygiene or school kits or made donations for the annual CWS appeal. On Sunday, April 9 we dedicated 15 hygiene kits, 16 school kits, and the Fellowship of Unity Hill contributed funds for an emergency clean-up bucket. Thanks again!

COMMUNITY GROUPS AND HAPPENINGS

MIDDLEBROOK FARMS WORSHIP SERVICE

Worship service at Middlebrook Farms Health Care Center in Trumbull will be on Thursday, June 1 with Deacons Wally Yeager and Carole Fanslow.

GOLDEN HILL UMC COMMUNITY SUPPER

Many thanks to our very loyal volunteers that helped out on April 26 at Golden Hill United Methodist Church Community Supper. They were: Wally Yeager's cousin Lilo Kraft; Ed & Wally Yeager; Marsha Piper; Marie Seavey and Carole & Allen Fanslow. 105 first-timers were served a delicious supper of baked ham; mac and cheese; green beans; a great looking salad and dessert. Of course, we had enough for seconds, too. Cost of the meal was \$273. **Our next turn is Wednesday, June 28** – additional help is always appreciated. Some of the preparation was done on Saturday, April 22 at Unity Hill UCC.

43rd ANNUAL CROP HUNGER WALK

The 43rd annual CROP Hunger Walk is now history. On Sunday, May 7th many people from Unity Hill walked for this very important endeavor. Among the walkers were: Dot & Steve Pickens; Patty Bowman; the Shipley and Buttress Families; Gayle Morrissey Robles, Amy Aanensen & Katie



Santiago; Renate Krakovich; Shari Henderson, and helpers behind the scenes: Carole & Allen Fanslow, Marsha Piper, Linda Polito and Bob Coulson. The total amount raised will be published in the Summer Outlook. For the second year, the walk took place in Seaside Park with Ringmaster Terry O'Connor, our bagpipers and Mayor Joe Ganim. Many thanks to our walkers and to those who sponsored them.

FAIRFIELD EAST ASSOCIATION

SPRING MEETING is on Wednesday, May 31 at Monroe Congregational Church.

GREATER BRIDGEPORT SYMPHONY & BARNUM FESTIVAL

The Greater Bridgeport Symphony is coming to Seaside Park again on Saturday, June 24 in conjunction with the Barnum Festival. Bring your supper, lawn chair, and join with other members of the Fellowship of Unity Hill to enjoy this very special and free concert. For information see Carole and Allen Fanslow.

COUNCIL OF CHURCHES OF GREATER BRIDGEPORT

SUMMERSONG 2017 ~ A Fun Summer Musical Theater Camp, under the direction of Kristin Huffman, will take place **July 10-14 and/or July 17-21** at Salem Lutheran Church, 3160 Park Avenue, Bridgeport. Closing performances on Fridays @ 5 p.m. Children between the ages of 5 and 14 will sing, dance, act and learn how to perform in a musical play guided by a professional and committed staff of instructors, culminating in a performance on Friday for family and friends. Tuition is \$200 per week, \$500 for families with 3 or more children for those registering by June 1. Some partial scholarship help may be given for those in need. **For more information**, please visit www.salembridgeport.org/summersong or call the church office @ (203) 336-3300.

SILVER LAKE CONFERENCE AND SUMMER CAMP

10TH ANNUAL SILVER LAKE ANNUAL GOLF TOURNAMENT

Tuesday, June 6, at the Lyman Orchards Golf Club in Middlefield, Connecticut
Grab your buddies and swing into summer with a day on the links, all while helping to support the CT Conference's vital outdoor ministry, and it's not too late to get in on the action! There will be skill contests, a chance to win a new set of golf clubs and lots of other goodies, as well as the opportunity to share fun and fellowship at our Reception & Awards ceremony. There are also still great opportunities to be an event sponsor, from Tees & Green Markers, to Tournament and Luncheon sponsors. Tournament fees are \$185 per player and include greens fees, cart, lunch, and After-play Reception. For more information, email slcc_registrar@ctucc.org or call 860.364.5526.

SUMMER CONFERENCES ~ WHAT IS IT LIKE AT CAMP AT SILVER LAKE?

Wake up early to enjoy Morning Dip in the misty lake, or sleep in until the breakfast bell. Enjoy a delicious breakfast, help out with dishes or composting or Freds, then join your conference for Morning Watch. Your morning will be filled with games, crafts, discussions, swimming, or ropes adventures. After lunch, take a rest for quiet time and mail call. The afternoon brings interest groups, store time, gardening, more games and friends and fun. Refuel at dinner, then come together as a community for All Camp Worship. Enjoy nighttime activities, maybe a campfire, and settle down with evening vespers. We bet you fall asleep right at lights out; it's a full day! Wake up in the morning and do it all again! If you couldn't make the Open House, contact the office at 860-364-5526 to schedule a time to visit and a tour of camp. Take some time to look around the website <http://www.silverlakect.org/summercamp>



SILVER LAKE CONFERENCE CENTER'S 60TH ANNIVERSARY ~ Saturday, August 26 ~ 11am - 5pm
Tickets are \$15 per person with a family maximum of \$60. Commemorative 60th anniversary T-shirts can be purchased at the time of registration for an additional \$10. A cookout lunch will be provided, as well as time to participate in traditional Silver Lake activities, explore on your own, take a group decade photo, and join in worship. To register, call the Silver Lake Office at 860-364-5526 or online at www.ultracamp.com/info/sessiondetail.aspx?idCamp=399&campCode=slc&idSession=155438

CONNECTICUT CONFERENCE OF THE UCC



GENERAL SYNOD 2017

GENERAL SYNOD 2017 ~ June 30-July 4, 2017 in Baltimore, Maryland

Thousands from across the country (and abroad) will gather for General Synod 31. Together, we will discern resolutions of witness, church structure, and function. We will stand up for issues that demand a faithful witness. And we will join together in worship each day to lift up the Stillspeaking God.

Please join us for this year's historic **TRI-CONFERENCE ANNUAL MEETING**
CONNECTICUT ~ MASSACHUSETTS ~ RHODE ISLAND
CONFERENCES OF THE UNITED CHURCH OF CHRIST

Friday & Saturday ~ June 16 & 17, 2017

Connecticut Convention Center in Hartford, CT

Registration Deadline - June 5, 2017



READ details about the Resolution to form a new conference of the United Church of Christ and REGISTER for the Meeting at: Connecticut Conference www.ctucc.org/TriConAM

KEYNOTE SPEAKER — UCC Minister and President, the Rev. Dr. John C. Dorhauer

This Annual Meeting marks the first time that our conferences – Connecticut, Massachusetts and Rhode Island – will hold our annual meetings *Together, As One*. And it is the first time since the United Church of Christ was formed in 1957 that delegates will be asked to endorse the idea of joining together to form a new conference.



HEALTH CORNER: SUMMER HEALTH CONCERNS

1. Skin Cancer is the most common type of cancer. If caught early, skin cancer is treated easily and most likely cured. Ultraviolet (UV) radiation from the sun is the main cause of skin cancer. UV radiation can also come from tanning booths or sunlamps. The most dangerous kind of skin cancer is called melanoma. Take simple steps today to protect your skin:
 - Use sunscreen with SPF 15 or higher. Put on sunscreen every 2 hours and after you swim or sweat.
 - Stay out of the sun as much as possible between 10 am and 4 pm.
 - Cover up with long sleeves and a hat.
 - Check your skin regularly for changes. Any sore that doesn't heal or a mole that changes color or size should be checked by a health professional.
2. Eye damage can be caused by the UV rays in sunlight. Be sure to wear sunglasses that filter out the UV light. Otherwise, the wrong sunglasses will allow the pupils to open up more fully, letting in more of the UV rays. Wear UV filtering sunglasses around water, which reflects more light into the eyes.
3. Food Poisoning occurs easily during the summer. Picnic food held out in the open allows cold food to get warm and hot foods to cool. Bacteria grow at both these times. Use insulated bags, thermoses or food coolers for picnics and for grocery shopping trips. Plan your grocery shopping to be the last thing you do, when doing many errands. Have a cooler in the trunk of your car to keep the hot foods hot or the cold foods cold.
4. Dehydration can be a serious problem in the summer. It has been said, that if you wait to drink until you are thirsty, that you are already dehydrated. Take frequent water breaks during the summer months. It is essential to have water and suitable beverages readily available. This advice is particularly important for the very young and the very old.



5. Insect bites can simply be a nuisance or a very serious nature. Itchy mosquito bites can be soothed with cool compresses, but we need to be aware of the threat of the West Nile Virus and Lyme Disease. Seek Medical attention, if you suspect West Nile or Lyme Disease. The easiest and best way to avoid the West Nile Virus is to prevent mosquito bites and the best way to avoid Lyme Disease is to prevent deer tick bites. Check the family animals for ticks also.

Other things you can do:



- When outdoors, use repellents containing DEET, picaridin, IR3535, some oil of lemon eucalyptus or paramenthane-diol. Follow the directions on the package.
 - Many mosquitoes are most active from dusk to dawn. Be sure to use insect repellent and wear hats, long-sleeves and pants at these times or consider staying indoors during these hours.
 - Make sure you have good screens on your windows and doors to keep mosquitoes out.
 - Get rid of mosquito breeding sites by emptying standing water from flower pots, buckets and barrels. Change the water in pet dishes and replace the water in bird baths weekly. Drill holes in tire swings so water drains out. Keep children's wading pools empty and on their sides when they aren't being used.
6. Swimming is a great way for the whole family to get active. Follow these tips to stay safe in and around the water.
- Swim near a lifeguard and never swim alone.
 - Don't drink alcohol if you are swimming or watching children.
 - Use floating toys like water wings and noodles for fun – not for safety. Don't use them in place of life jackets.
 - Watch out for rip currents. A rip current is when the water pulls you away from shore. If you get caught in a rip current, swim along the shoreline until you are out of the current, then swim to shore.
 - Take swimming lessons if you don't know how to float, tread water, and swim.
 - Sign your kids up for swim lessons as soon as they are ready – this can be as early as age 1.
 - Learn CPR (cardiopulmonary resuscitation). Your skills could save someone's life.
 - Drowning happens quickly and quietly. Make sure at least 1 adult is always watching when children are in or around the water, even if they know how to swim.
 - Don't read or use the phone while you are watching young children.
 - If you have a pool, install a 4-sided pool fence that's at least 4 feet high and separates the pool from the house and yard.
 - Use self-closing and self-latching gates that open outward and are out of reach of children, so kids can't get near the water when you aren't watching them.
 - Get out of the water right away if you hear thunder or see lightning; strong winds are also dangerous.
 - Learn the meaning of colored safety flags used at the beach, and obey all warnings.
 - Don't swim in the ocean, lakes, or rivers after heavy rain. Water is more likely to be polluted after a rain storm.
 - Check for signs or warnings about bacteria or other pollution in the water before swimming.
 - Try not to get water in your mouth.
 - Take your kids on bathroom breaks or check diapers often.
 - Change diapers in a bathroom or a diaper-changing area and dispose of used diapers properly.
 - Make sure everyone is clean before swimming. Shower with soap.
 - Wash your hands after using the bathroom or changing diapers.



Have a happy and safe summer!

June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	May 29 MEMORIAL DAY Office is closed	May 30 Committee Reports to Council due by today	May 31 9:30am Meditation Workshop	1 12pm Women's Fellowship Board Meeting 2pm Middlebrook Farms	2	3
4	5 7:00pm Church Council Meeting	6 1:00pm Diaconate Meeting	7 9:30am Meditation Workshop	8 11:30am George's Hill Support Group	9	10
11	12	13	14 9:30am Meditation Workshop 11:30-2:30 Kennedy Center – crafts OUTLOOK DEADLINE	15	16	17 2-3:30pm Overeaters' Anonymous Intergroup
18 HAPPY FATHER'S DAY!	19	20	21 9:30am Meditation Workshop	22	23	24
25	26	27	28 9:30am Meditation Workshop 2pm Cook; 5pm Serve at Golden Hill Community Supper	29	30	

HAPPY BIRTHDAY IN JUNE

3 Nellie Wirth	28 Frank Heffelfinger
9 Florence Brezina	29 Duane Bailey
12 Eden Shipley	30 Gayle Robles
12 Hayden Cavaleri	30 Mandi Rondon
16 Shakira Marrero	30 Aurielus Cole

HAPPY ANNIVERSARY IN JUNE

6/7 Carole & Allen Fanslow
6/19 Dorothy & William "Courty" Vars, Jr.
6/22 Robert & Janice Coulson



***“No matter who you are
or where you are
on life’s journey,
you are welcome here!”***

***Unity Hill United Church of Christ
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